



Staying Current

Navigating the Latest Advances in PrEP Options

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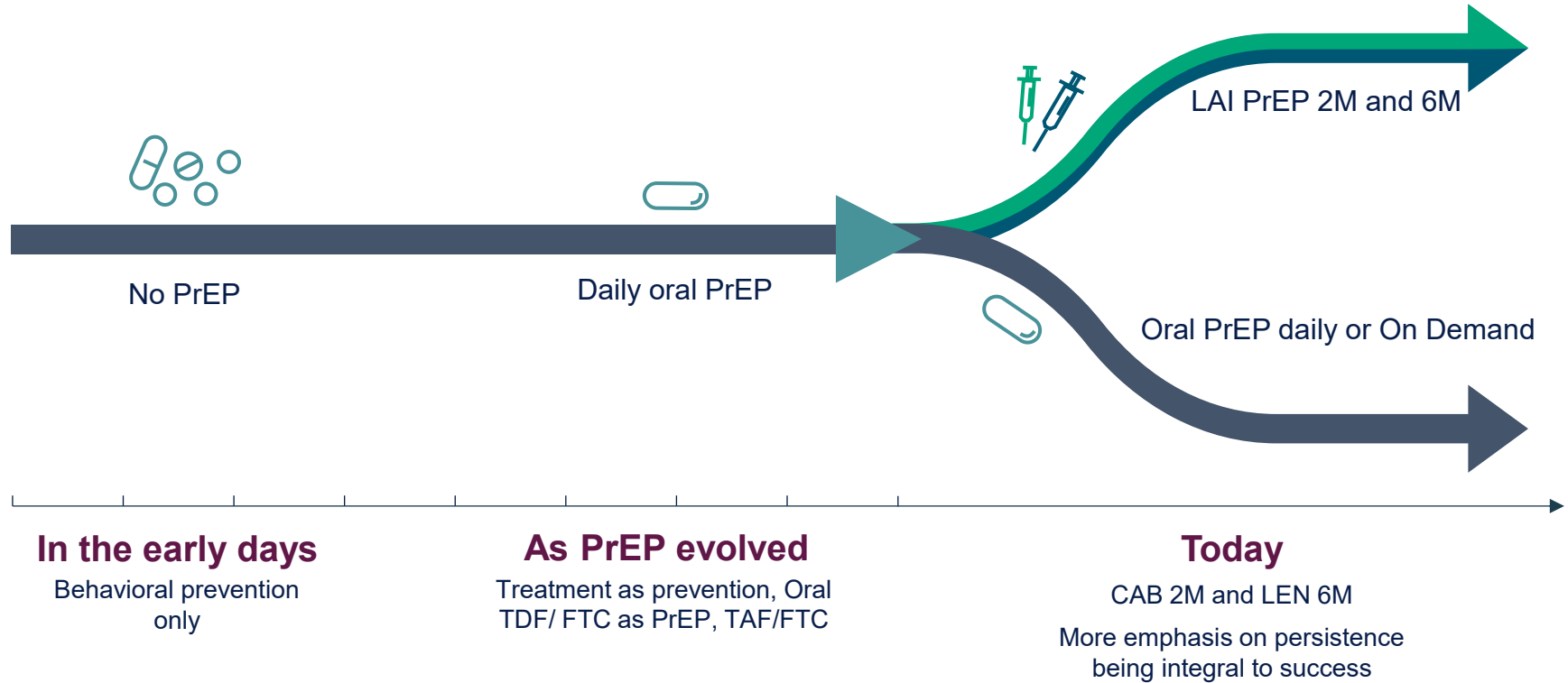


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LEARNING OBJECTIVE **1**

Evaluate the latest data on PrEP options including efficacy, safety, MOA, and mode of administration

Changing Route: Clinicians Addressing Needs Beyond Efficacy with PrEP



2M = Every 2 months; 6M = Every 6 months; CAB = cabotegravir; FTC = emtricitabine; LAI = long-acting injectable; LEN = lenacapavir; PrEP = pre-exposure prophylaxis; TAF = tenofovir alafenamide; TDF = tenofovir disoproxil fumarate. Haberer JE, et al. *Lancet HIV*. 2023;10(6):e404-e411. McFadden WM, et al. *Trends Mol Med*. 2025;31(9):801-813.

PrEP vs PEP Introduction



| PrEP | | PEP |
|--|-----------------------------|---|
| Before HIV exposure: <ul style="list-style-type: none"> • Before sex, injection drug use, or other potential HIV exposure | When is it taken? | After HIV exposure: <ul style="list-style-type: none"> • In emergency situations, is started within 72 hours after possible exposure and taken for 28 days |
| For individuals without HIV for whom transmission may be a concern | Who is it for? | For individuals without HIV who may have been exposed |
| Consistent use of PrEP reduces the risk of HIV transmission by up to 99% when taken as prescribed | How effective is it? | PEP can reduce the risk of HIV acquisition when initiated promptly and taken as prescribed; effectiveness depends on timing, adherence, and exposure characteristics* |
| Rx from an HCP | How do you get it? | ASAP, within 72 hours after potential exposure, get an Rx from an HCP, urgent care, or an emergency department |

*Based on both animal models and human observational data (no randomized controlled trials in humans).

ASAP = as soon as possible; HCP = health care practitioner; Rx = prescription; PEP = post-exposure prophylaxis.

HIV Info.NIH.gov. HIV Info.NIH.gov Website. 2025. <https://hivinfo.nih.gov/understanding-hiv/infographics/prep-vs-pep>. Sagaon-Teyssier L, et al. *AIDS Care*.

2016;28(Suppl 1):48-55.

PrEP Options: Routes, Dosing, and Key Considerations

| Agent | Route | Schedule | Indications | Key Efficacy and Safety Considerations | Regulatory Status |
|---|---|---|---|--|--|
| Emtricitabine/tenofovir disoproxil fumarate (TDF/FTC) | Oral | Daily | Indicated for PrEP in at-risk adults and adolescents ≥ 35 kg to reduce risk of sexually acquired HIV-1 infection; confirm HIV-1 negative status prior to initiation. | High efficacy with consistent daily adherence; renal function monitoring recommended; small decreases in bone mineral density observed; assess hepatitis B virus (HBV) status prior to initiation and monitor if discontinued. | FDA- and EMA-approved; recommended in WHO guidelines |
| Emtricitabine/tenofovir alafenamide (TAF/FTC) | Oral | Daily | Indicated for PrEP in at-risk adults and adolescents ≥ 35 kg, excluding individuals at risk from receptive vaginal sex; confirm HIV-1 negative status. | High efficacy with daily adherence (noninferior to TDF/FTC in studied populations); smaller changes in renal and bone biomarkers vs TDF; assess HBV status prior to initiation. | FDA (U.S. only; excludes receptive vaginal sex) |
| Cabotegravir long-acting (CAB-LAI) | Intramuscular clinic-based administration | Every 2 months, (after 2 initiation injections 1 month apart) | Indicated for PrEP in at-risk adults and adolescents ≥ 35 kg. | High efficacy independent of daily oral adherence; injection every 2 months; confirm HIV-1 status prior to each dose; resistance risk if infection occurs during dosing delays or PK tail. | FDA- and EMA-approved for prevention |
| Lenacapavir long-acting | Subcutaneous injection by practitioner | Every 6 months after loading dose | Indicated for PrEP in at-risk adults and adolescents ≥ 35 kg. | High efficacy independent of daily adherence (clinical trial data); 6-month dosing interval following initiation regimen; clinician-administered injection; confirm HIV-1 negative status prior to dosing. | FDA-approved (U.S.) and European Commission-authorized (EU/EEA). |
| Dapivirine (DVR) | Vaginal ring (self-inserted) | Monthly | Indicated in select countries for use by cisgender women at high risk of HIV-1 infection. | Modest efficacy observed in clinical trials; locally administered; generally well tolerated; no significant systemic safety concerns identified in studies. | Approved by EMA and WHO; not FDA-approved |

Indications and availability vary by country and regulatory authority (FDA, EMA, WHO, national ministries). Clinicians should consult local guidance to confirm approved PrEP options in their region. Cabotegravir [package insert]. https://www.accessdata.fda.gov/drugsatfda_docs/label/2024/215499Orig1s004lbl.pdf.

Emtricitabine and tenofovir alafenamide [package insert]. https://rsc.niaid.nih.gov/sites/default/files/emtricitabine-tenofovir-alafenamide-descovy-pi_june-2025.pdf.

Emtricitabine and tenofovir disoproxil fumarate [package insert]. https://www.accessdata.fda.gov/drugsatfda_docs/label/2019/021356s058%2C022577s014lbl.pdf.

Lenacapavir [package insert]. https://www.accessdata.fda.gov/drugsatfda_docs/label/2025/220020s000lbl.pdf. Mayer KH, et al. *Lancet*. 2020;396(10246):239-254.

Oral PrEP Options



| | TDF/FTC (1 tablet daily) | TAF/FTC (1 tablet daily) |
|----------|---|--|
| Approval | FDA-approved July 2012 for adults and adolescents ≥ 35 kg | FDA-approved October 2019 for adults and adolescents ≥ 35 kg; <i>excludes those at risk via receptive vaginal sex</i> |
| MOA | NRTI: Inhibits reverse transcription via DNA chain termination | NRTI: Inhibits reverse transcription via DNA chain termination |
| Efficacy | ~99% when taken as prescribed | ~99% when taken as prescribed |
| Safety | Small, reversible BMD decrease; higher plasma tenofovir exposure—renal monitoring recommended | Smaller BMD changes; lower plasma tenofovir—more favorable renal/bone profile vs TDF |

BMD = bone marrow density; DNA = deoxyribonucleic acid; MOA = mechanism of action; NRTI = nucleoside reverse transcriptase inhibitor. Centers for Disease Control and Prevention [CDC]. *MMWR Morb Mortal Wkly Rep.* 2012;61(31):586-589. Emtricitabine and tenofovir alafenamide [package insert]. https://rsc.niaid.nih.gov/sites/default/files/emtricitabine-tenofovir-alafenamide-descovy-pi_june-2025.pdf. Emtricitabine and tenofovir disoproxil fumarate [package insert]. https://www.accessdata.fda.gov/drugsatfda_docs/label/2019/021356s058%2C022577s014lbl.pdf. Mayer KH, et al. *Lancet.* 2020;396(10246):239-254. Wu L, et al. *Front Reprod Health.* 2024;6:1325257.

Global Regulatory Approvals: Oral Therapies



Regulatory Status of TDF/FTC for PrEP

Brand Name & Generic TDF/FTC approved for prevention

| | | |
|----------------|---------------|----------|
| Belgium | Netherlands | Wales |
| Canada | Nigeria | Zimbabwe |
| Czech Republic | Portugal | |
| England | Scotland | |
| France | Slovenia | |
| Germany | South Africa | |
| Greece | Spain | |
| Ireland | Swaziland* | |
| Israel | Sweden | |
| Italy | Thailand | |
| Kenya | United States | |

Brand Name TDF/FTC approved for prevention

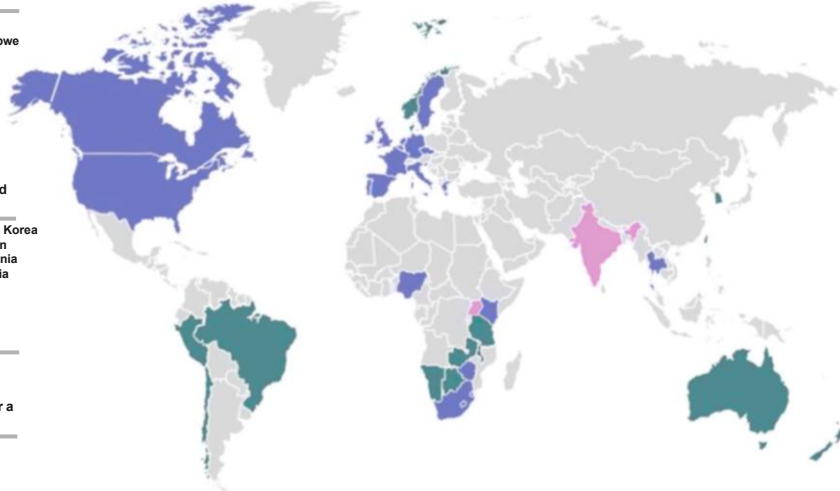
| | | |
|-----------|-------------|-------------|
| Australia | Denmark | South Korea |
| Bahamas | Malawi | Taiwan |
| Barbados | Namibia | Tanzania |
| Botswana | New Zealand | Zambia |
| Brazil | Norway | |
| Chile | Peru | |

Generic TDF/FTC approved for prevention

| | |
|--------|----------|
| India | Lesotho* |
| Uganda | |

Regulatory application submitted for a prevention indication for TDF/FTC

| | | |
|---------------|------------|-------|
| Botswana | Mexico | China |
| Côte d'Ivoire | Mozambique | |
| Ecuador | Senegal | |
| Hong Kong | Ukraine | |



*Approved via import license from South Africa.

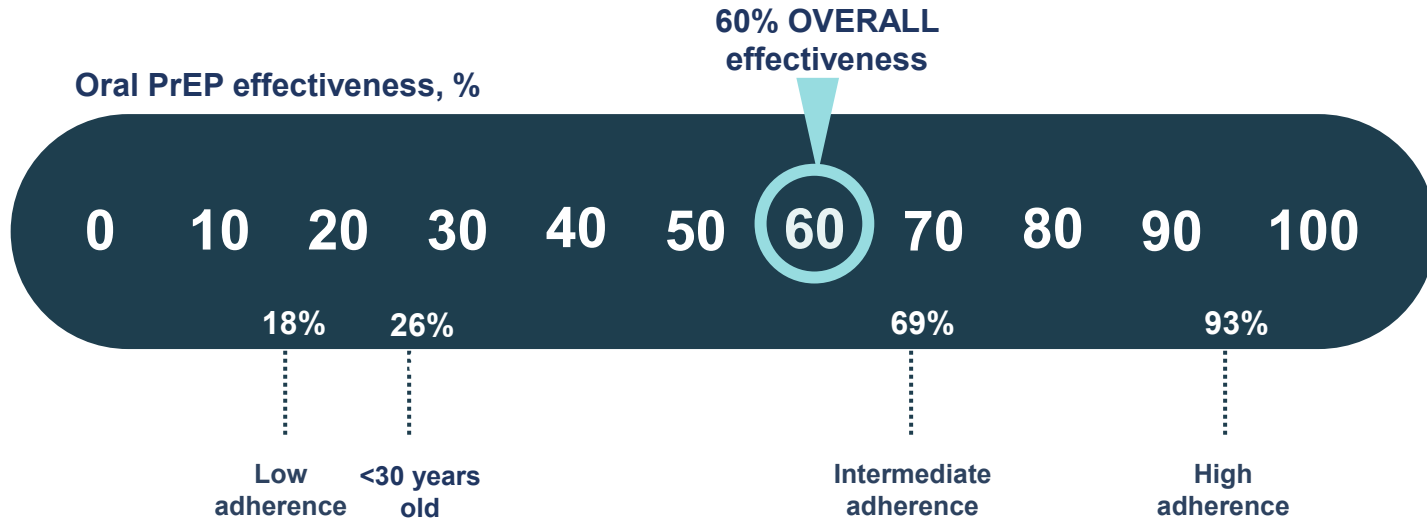
Regulatory Status of TAF/FTC for PrEP

TAF/FTC for PrEP has more limited global approval than TDF/FTC. In many countries, only TDF-based PrEP is available. Clinicians should consider local availability, costs, and national guideline recommendations before prescribing.

Map reflects regulatory status as of 2019; availability may have changed in some regions.

AIDS Vaccine Advocacy Coalition [AVAC]. AVAC/PrEP Watch Website. 2019. [https://avac.org/resource/infographic/regulatory-status-of-tdf-ftc-for-prep-2/#:~:text=Embed%20infographic&text=The%20TDF/FTC%20combination%20pill,use%20are%20another%20key%20step](https://avac.org/resource/infographic/regulatory-status-of-tdf-ftc-for-prep-2/#:~:text=Embed%20infographic&text=The%20TDF/FTC%20combination%20pill,use%20are%20another%20key%20step.). Spinelli MA, et al. *JAMA*. 2024;332(18):1574-1575.

Oral PrEP Efficacy and Real-World Effectiveness: Adherence Challenges



While oral PrEP has an efficacy rate >90%, real-world effectiveness is 60%

Suboptimal PrEP use and therapy discontinuations may impact real-world effectiveness of PrEP compared to selected RCT participants

Adherence – how closely a person follows the dosing regimen recommended by their healthcare providers.

*Lower real-world effectiveness was primarily driven by low PrEP consumption and high discontinuation, particularly among individuals younger than 30 years and socioeconomically deprived populations.

RCT= randomized clinical trial.

Jourdain et al. *Lancet Public Health*. 2022;7(6):e529-e536 .

Cabotegravir: Long-Acting Injectable (LAI) PrEP

LAI PrEP CAB-LA:

- FDA-approved December 2021 for PrEP in adults and adolescents ≥ 35 kg
- **MOA:** INSTI: blocks HIV DNA integration
- **Route of administration: Gluteal IM injection:** 600 mg at month 1, month 2, then every 2 months (with optional oral lead-in)
- **Efficacy, Effectiveness, and Implementation:**
 - **Opera** and **Trio Health** real-world cohorts demonstrated **> 99% effectiveness** (n = 1,300); 85% initiation, 69% on-time injection adherence; stigma reduction reported (**PILLAR** implementation study); Emerging data suggest CAB-LA was generally well tolerated when exposure occurred before or during pregnancy; data remain limited
- **Safety:** Safe, tolerable, and acceptable in clinical studies, supporting further implementation research in adolescent populations



IM = intramuscular; INSTI = integrase strand transfer inhibitor; MOA = mechanism of action.

Ambrosioni J, et al. *HIV Med.* 2026;27(1):18-32. Cairns G. aidsmap Website. 2022. <https://www.aidsmap.com/news/feb-2022/injected-prep-cabotegravir-maintains-its-advantage-over-four-years>. Fonner VA, et al. *AIDS.* 2023;37(6):957-966. Inan A, et al. *Infect Dis Clin Microbiol.* 2026;1:14-25. Landovitz RJ, et al. *Lancet HIV.* 2023;10(12):e767-e778. Mussini C, et al. *AIDS Behav.* 2025;29(1):64-76. National Institutes of Health [NIH]. NIH Website. 2024. <https://www.nih.gov/news-events/news-releases/long-acting-injectable-cabotegravir-hiv-prevention-safe-pregnancy>. Stranix-Chibanda L, et al. *Lancet HIV.* 2025;12(4):e252-e260.

Cabotegravir Summary: Efficacy and Safety Data

| | HPTN 083 (N=4,566) | HPTN 084 (N=3,223) |
|--|---|---|
| Study Design | Phase 2b-3, randomized, double-blind, double-dummy, noninferiority, active-controlled trial | Phase 3, randomized, double-dummy, active-controlled, superiority trial |
| Methodology | <ul style="list-style-type: none"> Participants were randomized 1:1 to receive either Q2M IM CAB 600 mg at Weeks 5, 9, and every 2 months thereafter + daily oral TDF/FTC placebo or oral daily TDF/FTC + Q2M IM CAB placebo at Weeks 5, 9, and every 2 months thereafter | <ul style="list-style-type: none"> Participants were randomized 1:1 to receive either Q2M IM CAB 600 mg at Weeks 5, 9, and every 2 months thereafter + daily placebo or Oral daily TDF/FTC + Q2M IM CAB placebo at Weeks 5, 9, and every 2 months thereafter |
| Primary Endpoint | Incident HIV infection | |
| Study Population | Cisgender men who have sex with men and transgender women who have sex with men, with a high likelihood of acquiring HIV <ul style="list-style-type: none"> Argentina, Brazil, Peru, South Africa, Vietnam, Thailand, US | Participants assigned female sex at birth in seven countries in sub-Saharan Africa <ul style="list-style-type: none"> Botswana, Eswatini, Kenya, Malawi, South Africa, Uganda, Zimbabwe |
| Efficacy Outcomes | <ul style="list-style-type: none"> Q2M IM CAB reduced HIV incidence by 66% compared with daily TDF/FTC (HR 0.34; 95% CI [0.18-0.62]; P<0.001) meeting criteria for superiority and consistent across prespecified subgroups Following primary analysis, extended retrospective virologic testing was done to better characterize timing of HIV-1 cases; 1/13 incident cases in CAB group was reclassified as a baseline case Adherence to CAB Q2M: Advantage over daily oral pill was observed | <ul style="list-style-type: none"> Q2M IM CAB reduced HIV incidence by 88% compared with daily TDF/FTC (HR 0.12; 95% CI [0.05–0.31]; P<0.0001), after adjusting for site and the group-sequential design <ul style="list-style-type: none"> Following primary analysis, extended retrospective virologic testing was done to better characterize timing of HIV-1 cases; 1/4 incident cases in CAB group was reclassified as a baseline case Adherence to CAB Q2M: Advantage over daily oral pill was observed |
| Safety Data | Common non-ISR AEs (≥1%; across trial safety reporting) included diarrhea, headache, pyrexia, fatigue, nausea, dizziness The percentage of participants with non-ISR adverse events was similar between treatment and comparator groups in both studies CAB-LA was discontinued due to injection-site reactions in ~2% of participants in the CAB arm in HPTN 083 | |
| Pregnancy Data | <ul style="list-style-type: none"> N/A | <ul style="list-style-type: none"> OLE showed CAB maternal and pregnancy outcomes to be consistent across CAB and TDF/FTC exposure groups with the expected background rates |
| Hypersensitivity Reactions ^{1*} | <ul style="list-style-type: none"> Hypersensitivity reactions have been reported in association with integrase inhibitors including cabotegravir | |

Q2M for PrEP* Identified during postmarketing use of CAB or CAB-containing regimens. Since these reactions are voluntarily reported from a population of unknown size, reliably estimating their frequency or confirming a causal link to drug exposure is not always feasible.

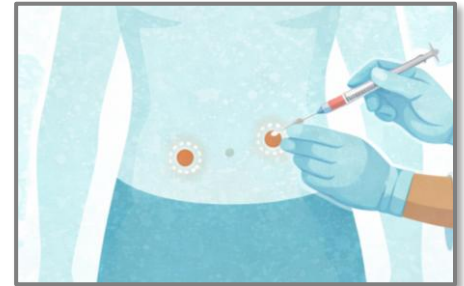
Availability and indications may vary by country. Confirm local regulatory guidance.

AE= adverse event; CI = confidence interval; HPTN = HIV Prevention Trials Network; HR = hazard ratio; ISR = injection-site reaction; OLE = open label extension; Q2M: every 2 months. Cabotegravir [Package insert]. https://www.accessdata.fda.gov/drugsatfda_docs/label/2021/215499s000lbl.pdf. Landovitz RJ, et al. *N Engl J Med.* 2021;385(7):595-608. Delany-Moretlwe S, et al. *Lancet.* 2022;399(10337):1779-1789. Delany-Moretlwe et al. International AIDS Conference; 2024. https://www.natap.org/2024/IAS/IAS_50.htm.

Lenacapavir: LAI PrEP

LAI PrEP Lenacapavir

- FDA-approved June 2025 for HIV PrEP in adults and adolescents ≥ 35 kg
- **MOA:** Interferes with capsid-mediated processes including uncoating, nuclear import, and virion assembly
- **Route of administration: SC injection** every 6 months following oral and injectable loading doses
- **Efficacy:**
 - **PURPOSE 1** (cisgender women, Africa): no incident HIV infections in the lenacapavir arm; superior to oral TDF/FTC, with limited pregnancy exposure data; no safety signals identified to date
 - **PURPOSE 2** (cisgender men, gender-nonbinary & transgender populations): **met primary endpoint**, with superior reduction in HIV incidence compared with daily oral PrEP
- **Safety:** most common adverse events included injection-site reactions and nausea ($\geq 3\%$, all grades); discontinuations due to adverse events were uncommon (1.2%)



AI-generated visuals
SC = subcutaneous

Bekker LG, et al. *N Engl J Med.* 2024;391(13):1179-1192. Jogiraju V, et al. *Lancet.* 2025;405(10485):1147-1154. Kelley CF, et al. *N Engl J Med.* 2025;392(13):1261-1276. Lenacapavir [package insert]. https://www.accessdata.fda.gov/drugsatfda_docs/label/2025/220020s000lbl.pdf.

Mansoor LE, et al. Conference on Retroviruses and Opportunistic Infections [CROI]; 2025. Abstract No. 1230. <https://www.croiconference.org/abstract/1160-2025/>.

Lenacapavir Summary: Efficacy and Safety Data

| | PURPOSE 1 | PURPOSE 2 |
|-------------------|---|---|
| Study Design | Phase 3, double-blind, active-controlled, multicenter, randomized studies | |
| Methodology | <ul style="list-style-type: none"> Background HIV-1 (bHIV) incidence – i.e., the HIV incidence expected without PrEP (same as placebo group), calculated in the screened population Participants randomly assigned (2:2:1) to twice-yearly lenacapavir (LEN), once-daily F/TAF (emtricitabine/tenofovir alafenamide), or once-daily TDF/FTC (emtricitabine/tenofovir disoproxil fumarate) + corresponding oral tablet placebo or placebo injection³ | <ul style="list-style-type: none"> Background HIV-1 incidence calculated in the screened population Participants randomized to twice-yearly LEN or once-daily TDF/FTC in a 2:1 ratio⁴ |
| Primary Endpoint | Incident HIV infection | |
| Study Population | Cisgender women³ South Africa, Uganda | Cisgender men, transgender women, transgender men, and gender-nonbinary persons who have sex with partners assigned male at birth United States, Mexico, Peru, Argentina, Brazil, South Africa, Thailand |
| Efficacy Outcomes | <ul style="list-style-type: none"> Twice-yearly LEN = no incident HIV infections, with a statistically significant reduction compared with background HIV incidence (P<0.001) and daily F/TDF (P<0.0001) Adherence to LEN: Most injections were delivered on time | <ul style="list-style-type: none"> Twice-yearly LEN reduced HIV incidence by 96% compared with bHIV incidence (P<0.001) and by 89% compared with daily daily TDF/FTC (p=0.002) Adherence to LEN: Most injections were delivered on time |
| Safety Data | <ul style="list-style-type: none"> Most common (≥1%) AEs reported in both PURPOSE 1 and PURPOSE 2 were ISRs; no hypersensitivity reactions reported Percentage of participants with non-ISR AEs was similar in all groups in PURPOSE 1 (headache, UTI, genitourinary chlamydia) and PURPOSE 2 (rectal chlamydia, oropharyngeal and rectal gonococcal infection) LEN was discontinued due to ISRs in 4 (0.2%) participants in PURPOSE 1 and 26 (1.2%) participants in PURPOSE 2 | |
| Pregnancy Data | Available pregnancy outcomes were consistent with expected background rates for the population. | N/A - participants assigned female at birth who had the ability to become pregnant were required to use contraception. None became pregnant. |

AEs = adverse events; CYP3A = Cytochrome P450, family 3, subfamily A; ISR = injection-site reaction; P-gp = P-glycoprotein; SmPc = Summary of Product Characteristics; USPI = United States prescribing information; UTI = urinary tract infection.

Availability and indications may vary by country. Confirm local regulatory guidance.

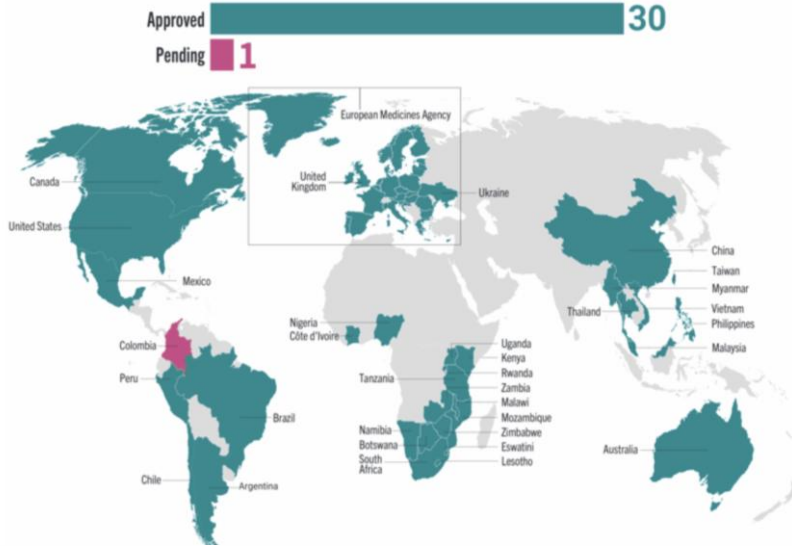
Bekker LG, et al. *N Engl J Med.* 2024;391(13):1179-1192. Kelley C, et al. *N Engl J Med.* 2025;392(13):1261-1276. Lenacapavir [package insert].

https://www.accessdata.fda.gov/drugsatfda_docs/label/2025/220020s000lbl.pdf.

LAI Regulatory Approval for PrEP

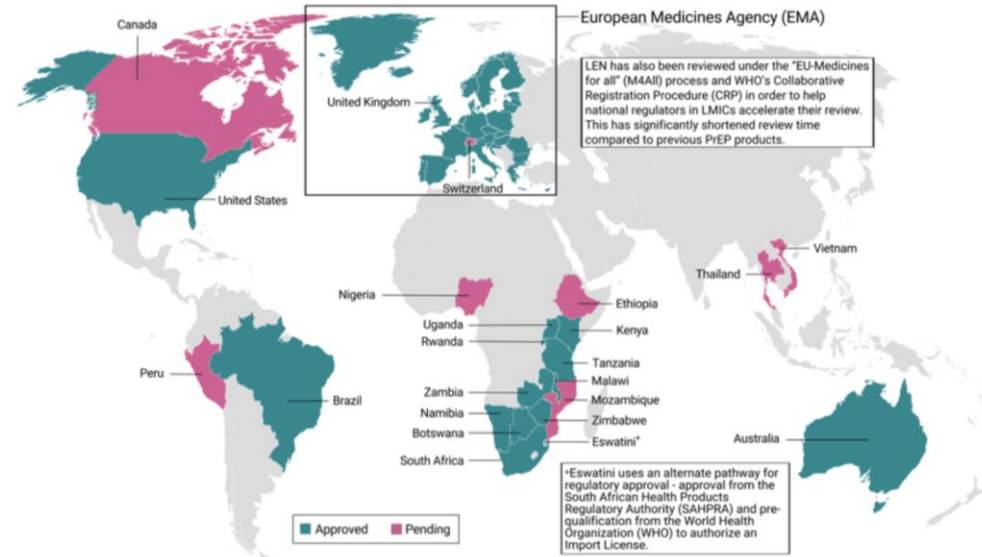
Cabotegravir Regulatory Approval

30 regulatory approvals (62 countries in total), 1 pending for CAB as of January 2026
Vietnam is newly approved in Q1 2026



Lenacapavir Regulatory Approval

15 regulatory approvals, 8 pending approvals as of January 2026



Discussion



PrEP Options: Patient Eligibility Considerations, Consensus and Different Perspectives

| | Oral Options | | | Injectable Options | |
|--------------------|---|--|---|--|--|
| | F/TDF | | F/TAF | Cabotegravir | Lenacapavir |
| | Daily | On-Demand | Daily | Every 2 Months | Every 6 Months |
| MSM | FDA On-Label Guideline Recommended (DHHS, IAS-USA, WHO) | FDA Off-Label Guideline Recommended (IAS-USA, WHO) | FDA On-Label Guideline Recommended (DHHS, IAS-USA, WHO) | FDA On-Label* Guideline Recommended (DHHS, IAS-USA, WHO) | FDA On-Label* Guideline Recommended (IAS-USA, WHO) |
| Transgender women | | FDA Off-Label Not Recommended | | | |
| Heterosexual men | | | | | |
| Heterosexual women | | | FDA Off-Label Not Recommended | | |
| Transgender men | | | | | |

People who inject drugs: assess and consider sexual risk.

CDC indicates that people who inject drugs are likely to benefit from any FDA-approved PrEP option with or without a sexual risk indication.

*Except pregnancy: insufficient human data to adequately assess a drug-associated risk of birth defects and miscarriage.

Patient Eligibility Considerations for PrEP

- **Baseline testing:**

- HIV-negative status confirmed via 4th-gen Ag/Ab (plus NAAT if acute infection suspected)
- RNA testing is highly recommended

- **Renal and bone health:**

- TAF/FTC may be preferred over TDF/FTC in individuals with renal impairment or bone density concerns (where indicated and approved)

- **Age and pregnancy:**

- TAF/FTC and CAB-LA may be used in adolescents ≥ 35 kg consistent with FDA labeling and CDC PrEP guidance; during pregnancy, CDC recommends oral TDF/FTC for those at ongoing risk, and CAB-LA may be initiated or continued following shared decision-making and risk–benefit assessment
- Based on limited available data, lenacapavir PrEP may be used during pregnancy or continued if pregnancy occurs, following HCP–patient shared decision-making and consideration of HIV acquisition risk per 2025 MMWR guidance

- **Barriers:**

- Access, stigma, patient-advocated adherence support
- Clinician awareness and comfort prescribing, administering, and managing
- Cost and insurance coverage



MMWR = morbidity and mortality weekly report.

Patel RR, et al. *MMWR Morb Mortal Wkly Rep.* 2025;74(35):541-549. Saidi F, et al. *Curr HIV/AIDS Rep.* 2025;22(1):44. Spinelli MA, et al. *JAMA.* 2024;332(18):1574-1575.

Emerging PrEP Formulations: What is on the Horizon

- **Lenacapavir LAI (IM)***

- **Phase:** Phase I data (data presented at CROI 2025): show sustained plasma concentrations exceeding the model-based target exposure associated with prevention through ≥ 52 –56 weeks, supporting further evaluation of once-yearly dosing.
- **Route of administration:** investigational once-yearly IM LAI
- **Safety:** Preliminary data suggest acceptable tolerability and safety
- **Efficacy:** Pharmacokinetic data under evaluation for IM formulations; clinical PrEP efficacy established for twice-yearly SC lenacapavir dosing
- Potential implications for adherence and implementation are being evaluated.

- **MK-8527****

- **Phase:** Preclinical/early clinical trials are ongoing
- **MOA:** Nucleoside reverse transcriptase translocation inhibitor (NRTTI) being studied as a long-acting PrEP agent
- **Route of administration:** oral and potential LAI formulations in development
- Designed to support less frequent dosing; adherence characteristics remain under study.

Discussion: Emerging monthly oral PrEP approaches (islatravir-class) and potential combination strategies with long-acting agents (e.g., lenacapavir)



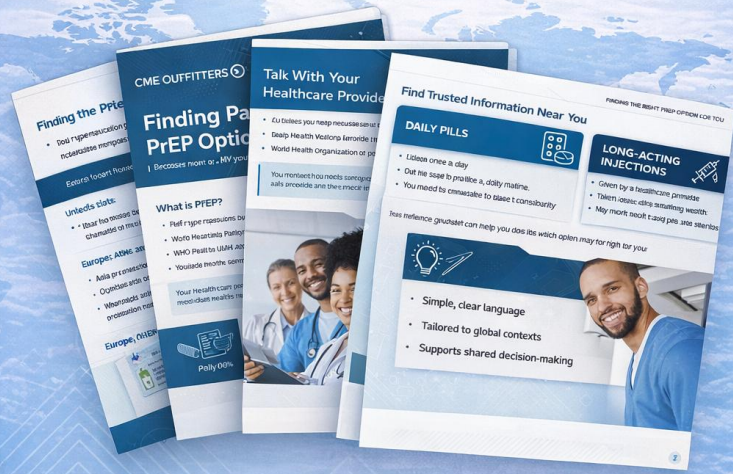
AI-generated visuals

*Lenacapavir is not FDA-approved for IM injection as HIV PrEP.

**MK-8527 is not FDA-approved as an oral or injectable PrEP option.

Bekker LG, et al. *N Engl J Med.* 2024;391(13):1179-1192. Gillespie G, et al. *Clin Transl Sci.* 2025;18(9):e70331. Jogiraju V, et al. *Lancet.* 2025;405(10485):1147-1154. Kelley CF, et al. *N Engl J Med.* 2025;392(13):1261-1276. Raheem IT, et al. Conference on Retroviruses and Opportunistic Infections [CROI]; 2024. Abstract No. 638. <https://www.croiconference.org/wp-content/uploads/sites/2/posters/2024/638.pdf>.

Enhancing patient **knowledge** and empowering informed decisions



Patient Education Tools

- Simple, clear language
- Tailored to global contexts
- Supports shared decision-making



CME
OUTFITTERS



Using patient education tools
in practice to discuss options,
in supportive not prescriptive
ways

*“My job is to offer options.
You choose what PrEP best
fits your life”*

- Start with patient goals + preferences
- Match option to routine + access realities
- Confirm understanding + plan for follow-up/testing

SMART Goals

Specific, Measurable, Attainable, Relevant, Timely

Put information into action! Consider the following goals; then *set a time frame* that fits with your work environment and *a reasonable improvement target* that aligns with your patient population.

- **Use a PrEP options counseling aid** to initiate PrEP discussions and support shared decision-making in your clinic or practice team, **in the next 30 days**.
- **Implement a standardized PrEP initiation approach** for both daily oral and long-acting options, including appropriate HIV testing and symptom assessment per local guidance, **in the next 60 days**.
- **Develop and apply a clinic workflow to support ongoing PrEP use**, including plans for missed doses or injections (with oral PrEP bridging when appropriate), patient follow-up reminders, use of patient education materials, and discussion of clinic resources to address cost and access barriers, **in the next 60–90 days**.



Additional Resources

Visit www.cmeoutfitters.com
for clinical information and
certified educational activities





Visit the **Infectious Disease Hub**

Free resources and education for health care professionals and patients

<https://www.cmeoutfitters.com/infectious-disease-hub/>

*HCP: [Comparing PrEP Choices: Efficacy, Safety, and What's New](#)
Patients: [Finding the Right PrEP Option for You](#)*

CMEO Snack

Other programs in this series include:

1 Breaking Barriers – Implementing Status-Neutral HIV Screening and Prevention for All

Oni Blackstock, MD, MHS (Moderator)
Cristina Mussini, MD
Sunil Suhas Solomon, MBBS, PhD, MPH
Boghuma K. Titanji, MD, MSc., DTM&H, PhD

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Partnering for Success – Patient Engagement and PrEP Adherence Strategies

Florence Momplaisir, MD, MSHP (Moderator)
Tristan J. Barber, MA, MD, FRCP
Linda-Gail Bekker, MBChB, DTMH, DCH, FCP, PhD
Sunil Suhas Solomon, MBBS, PhD, MPH

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Expanding Access – Optimizing Use of Long-Acting Injectable PrEP

David Alain Wohl, MD (Moderator)
Jakkrapatara Boonruang, MD
Cristina Mussini, MD
Landon Myer, MD, PhD

To Receive Credit

To receive CME/CE credit for this activity, participants must complete the post-test and evaluation online.

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