



2025 Early Career Preceptorship Program in Interstitial Lung Disease

Clinical Advances in Fibrosing ILDs: Multidisciplinary Approaches to Optimizing Patient Care

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Learning Objectives:

- Identify the pathophysiology, prevalence, and burden of disease associated with fibrosing ILDs
- Integrate updated diagnostic guidelines, tools, and best practices to identify fibrosing ILDs earlier and with greater accuracy
- Implement a multidisciplinary approach to manage common comorbidities and improve disease management of fibrosing ILDs

Tentative Agenda:

- **Introduction: What You Will Learn Today**
 - How to improve patient care in ILD
 - The science that drives ILD
 - Sound business and medicine (diagnosis, treatment, career coaching, practice geography and impact on compensation, contract components)
- **First and Foremost: Centering on the Patient**
 - Theresa's story (a live, in-person patient journey and testimonial)
 - Patient organizations, influencers, and advocates
 - Shared decision-making
- **Pathophysiology, Burden of Disease, and Prevalence of ILDs**
 - Unraveling the mechanisms: how inflammation, fibrosis, and immune dysregulation drive disease progression
 - The real-world toll: how ILDs contribute to morbidity, mortality, and diminished quality of life
- **Small-group Breakout**
 - Heterogeneity of ILDs
 - Relationship of rheumatic disease and ILDs
 - Signs and symptoms: recognition as a pulmonologist
- **Diagnostic Guidelines and Practices**
 - Parsing the latest association guidelines for diagnosis
 - Advances in diagnostic tools
 - Best practices across different clinical settings
- **Small-group Breakout – Real-world Scenarios**
 - Deep-dive into the latest practice guidelines
 - Diagnostic tools in practice – case examples
 - Unmet needs in different patient populations
- **Your Multidisciplinary Team: Key to Maximizing Patient Outcomes**
 - Current treatment approaches
 - Role of MDT members in care coordination and management
 - Patient needs and comorbidities
 - Strategies to improve HCP and patient/caregiver communication
- **Small-group Breakout**
 - Implementing appropriate treatment in practice – Case Examples
 - Complexity of managing patients with ILDs – What to expect in different practice settings
 - Candid questions, frank answers: the real world of rheumatology and pulmonology specialists in ILD patient care
- **Panel Discussion and Final Q&A**
 - Lessons from the front lines: expert insights and patient perspectives
 - The future of ILD: will you help shape a new era in patient care?