

SEEING THE UNSEEN

Early Recognition and Individualized Management of Acromegaly



Wednesday, May 14, 2025
7:30–9:00 PM ET

Doors open: 7:00 PM
Hilton Orlando
Florida Ballrooms 1–3

Early Recognition and Individualized Management of Acromegaly



Activity Description

Acromegaly presents a diagnostic and management challenge due to its gradual onset, diverse symptoms, and complex treatment landscape. Delays in diagnosis and suboptimal care lead to prolonged morbidity and increased mortality. However, emerging therapies, including novel oral options, offer new opportunities for personalized treatment strategies that align with patient preferences, adherence challenges, and comorbidities.

In this CME Outfitters live symposium, leading experts will explore:

- ✓ **Early, guideline-based diagnosis** to improve patient outcomes
- ✓ **The latest efficacy and safety data** on current and emerging therapies, including oral treatments
- ✓ **Individualized care strategies** that consider patient needs, comorbidities, and barriers to adherence

Stay ahead of the curve with cutting-edge insights to enhance patient care and optimize long-term management of acromegaly.

Target Audience

Endocrinologists, physician associates (PAs), nurse practitioners (NPs), nurses, and other HCPs who manage patients with acromegaly

Faculty

Julie M. Silverstein
MD (Moderator)

Wenyu Huang
MD, PhD

Jill Sisco
Patient Advocate

Financial Support

This program is supported by an educational grant from Crinetics Pharmaceuticals.

Learning Objectives

At the conclusion of this activity, learners will be able to better:

- 1. Integrate strategies aligned with guideline recommendations to diagnose acromegaly early in the disease course
- Assess the latest efficacy and safety data on current and emerging treatments for acromegaly, including novel oral therapies
- Incorporate factors including patient preferences, comorbidities, and potential barriers to adherence as part of individualized care planning to optimize long-term management of acromegaly

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Accreditation



Jointly Accredited Provider

In support of improving patient care, CME Outfitters, LLC, is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



IPCE

This activity was planned by and for the healthcare team, and learners will receive 1.5 Interprofessional Continuing Education Credits for learning and change.

Physicians (ACCME)

CME Outfitters, LLC, designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (ANCC)

This activity is designated for 1.5 contact hours.

Pharmacotherapy: ANCC definition of pharmacotherapeutic content is that it may include but is not limited to drug specific information, safe prescribing practices, safe medication administration, prescribing methodologies, new regulations, or similar content.

Note to Nurse Practitioners: The content of this CNE activity pertains to Pharmacology.

California Residents: Provider approved by the California Board of Registered Nursing, Provider # CEP 15510, for 1.5 Contact Hours.



PAs (AAPA)

CME Outfitters, LLC, has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



RCP Canada

Through an agreement between the Accreditation Council for Continuing Medical Education and the Royal College of Physicians and Surgeons of Canada, medical practitioners participating in the Royal College MOC Program may record completion of accredited activities registered under the ACCME's "CME in Support of MOC" program in Section 3 of the Royal College's MOC Program.

Certificate of Participation

This activity was certified for a maximum of 1.5 *AMA PRA Category 1 Credit(s)*™.



MIPS

Completion of this accredited CME activity meets the expectations of an Accredited Safety or Quality Improvement Program (IA_PSPA_28) for the Merit-based Incentive Payment Program (MIPS). Clinicians should submit their improvement activities by attestation via the CMS Quality Payment Program website.



ABIM MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

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Faculty



Julie M. Silverstein MD (Moderator)

Medical Director, Pituitary Center
Director, Clinical Trials Unit
Professor of Medicine and
Neurological Surgery
Division of Endocrinology,
Metabolism and Lipid Research
Washington University
School of Medicine
St. Louis, MO

Julie M. Silverstein, MD, is Professor of Medicine and Neurological Surgery and Medical Director of the Pituitary Center at Washington University School of Medicine in St. Louis, Missouri. She is also Director of the Clinical Trials Unit for the Division of Endocrinology. In 2007 she completed a residency in internal medicine at the University of Pittsburgh in the Women's Health Track and in 2009 completed her fellowship in endocrinology at Washington University School of Medicine. Dr. Silverstein currently oversees the medical management of patients with pituitary disorders and related diseases, both in the outpatient and inpatient settings. Her research interests include the perioperative care of patients undergoing surgery for pituitary tumors, and she has conducted clinical trials investigating the management of steroids and fluids after transsphenoidal resection of pituitary tumors. She is also involved in clinical trials investigating medical therapies for patients with acromegaly, Cushing disease, and other neuroendocrine disorders. Dr. Silverstein has published in several peer-reviewed journals including *Neuro-Oncology*, *Journal of Clinical Endocrinology & Metabolism*, *Pituitary*, *Endocrine Practice*, and *Neurosurgery*, serves on the Editorial Board for *AACE Clinical Case Reports and Pituitary*, and has served as an ad hoc reviewer for many other journals.

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Faculty



Wenyu Huang
MD, PhD

Associate Professor

Division of Endocrinology,
Metabolism and Molecular Medicine

Department of Medicine

Northwestern University,
Feinberg School of Medicine

Chicago, IL

Wenyu Huang, MD, PhD, is currently an Associate Professor of Medicine in the Division of Endocrinology, Metabolism and Molecular Medicine at Northwestern University Feinberg School of Medicine. He received his medical degree at Beijing Medical University and subsequently his PhD degree in neuroendocrinology at Northwestern University. Dr. Huang completed his internal medicine residency and endocrinology fellowship training at Northwestern and has stayed on faculty since 2012. His clinical and research interest focuses on understanding and managing complicated pituitary and adrenal disorders. Dr. Huang has served as principal investigator in several clinical trials aimed to explore new therapeutic options for rare endocrine diseases including Cushing syndrome, acromegaly, growth hormone deficiency, primary aldosteronism, and congenital adrenal hyperplasia. He supervises the pituitary and adrenal clinics in the Division of Endocrinology and takes responsibility as Director of the Clinical Research Unit Core Laboratory at Northwestern University. Dr. Huang has published extensively in the field, including high-impact peer-reviewed articles and book chapters. He has also received many teaching awards at Northwestern for exemplary education of medical students and residents.

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Faculty



Jill Sisco
Patient Advocate

President,
Acromegaly Community, Inc.

Jill Sisco is President of Acromegaly Community, Inc., a patient organization that helps educate patients and loved ones regarding acromegaly, a rare disease, and provides guidance on how to cope with their difficult illness. Since her diagnosis in 2005, Jill has been an influential advocate for a better quality of life for patients with acromegaly worldwide. In 2008, she became a leader in patient advocacy and has sat on many acromegaly advisory boards, both patient-oriented and medical. Jill has presented the patient perspective to the U.S. Food and Drug Administration (FDA) many times, co-authored over 20 medical journal articles and abstracts regarding acromegaly, and manages the widely visited patient community website and social media support groups. By organizing and hosting the biennial International Acromegaly Community Conference, which engages patients, specialists, and pharmaceutical companies, Jill shows how passionate she is about providing an educational, emotional, and communal support network for people touched by acromegaly. She works tirelessly to enable forward thinking that will facilitate research, assist patients with their treatment plans, and provide positive outcomes for the future of patients with acromegaly everywhere. Jill is highly respected in her community and has been a pioneer in building awareness around acromegaly. Through her dedication, Jill leads by example and is a proponent of patients taking control of their lives and their disease and advocating for their best health possible.

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Disclosures and Declarations

It is the policy of CME Outfitters, LLC, to ensure independence, balance, objectivity, and scientific rigor and integrity in all of their CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CE activity. CME Outfitters, LLC, has evaluated, identified, and mitigated any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process. The following information is for participant information only. It is not assumed that these relationships will have a negative impact on the presentations.

Faculty

Dr. Silverstein reports the following financial relationships:

Consultant: Camurus; Chiesi USA, Inc.; and Xeris Pharmaceuticals, Inc.

Research Support: AbbVie Inc.; Ascendis Pharma; Bayer; Camurus; Debiopharm; Fractyl Health, Inc.; Recordati; and Sparrow Pharmaceuticals

Dr. Huang reports the following financial relationships:

Advisory Board: Amryt Pharma; Camurus; Chiesi USA, Inc.; Crinetics Pharmaceuticals, Inc.; Neurocrine Biosciences, Inc.; Novo Nordisk; Recordati Rare Diseases, Inc.; and Xeris Pharmaceuticals, Inc.

Consultant: Spruce Biosciences, Inc.

Research Support: Amryt Pharma; Ascendis Pharma; AstraZeneca; Corcept Therapeutics Incorporated; Crinetics Pharmaceuticals, Inc.; MBX Biosciences; and Spruce Biosciences, Inc.

Speakers Bureau: Amryt Pharma; Chiesi USA, Inc.; Neurocrine Biosciences, Inc.; and Recordati Rare Diseases, Inc.

Faculty (Cont.)

Ms. Sisco reports the following financial relationships:

Consultant: Camurus; Chiesi USA, Inc.; and Recordati Rare Diseases Inc.

Peer Reviewers

Thai Nguyen, MD, MHA—no disclosures to report.

Jessica Giddens, DNP, APRN, FPMHNP-BC, RN-BC—no disclosures to report.

CME Staff/Planners

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Faculty of this CE activity may include discussions of products or devices that are not currently labeled for use by the FDA. The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices.

Post-tests, credit request forms, and activity evaluations must be completed online (requires free account activation), and participants can print their certificate or statement of credit immediately (75% pass rate required). This website supports all browsers except Internet Explorer for Mac.

All identified conflicts of interest have been mitigated.

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Instructions for Interactive Technology

Use one of the iPads provided at your table to answer polling questions, view onsite presentations, and submit questions to the faculty. Please see additional information below.

Ask Faculty a Question

Select the Ask Question tab below the slide viewer to submit a question. If your question is for a specific faculty member, please include their name. Your question will be shared with the faculty for the question-and-answer portion of the session.

View and Take Notes on Presentation Slides

Select the Take Notes tab to take notes during the meeting. All of the notes you take during the meeting will be emailed to the address provided within 5 business days.

Obtaining Credit

To receive CME/CE credit for this activity, scan the QR code to login to or create a learner account.



Downloadable Resources

Downloadable resources will be available at cmeoutfitters.com/unseenresources.

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Thank you for joining us today!