Pan-Viral Screening for HBV, HCV, and HIV in Diverse Practice Settings

This program has been supported by an independent educational grant from Gilead Sciences, Inc.





In support of improving patient care, CME Outfitters LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Activity Credit Types



This activity was planned by and for the healthcare team, and learners will receive 0.75 Interprofessional Continuing Education Credit for learning and change.

Physicians (ACCME) CME Outfitters LLC designates this enduring material for a maximum of 0.75 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacists (ACPE)

Nurses

(ANCC)

This application-based activity is approved for 0.75 contact hours (0.075 CEUs) of continuing pharmacy credit (JA0007185-0000-25-034-L01-P).

This activity is designated for 0.75 contact hours. Note to Nurse Practitioners: The content of this CNE activity pertains to Pharmacology.

California residents: provider approved by the California Board of Registered Nursing, Provider # CEP15510, for 0.75 Contact Hours.



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Through an agreement between the Accreditation Council for Continuing Medical Education and the Royal College of Physicians and Surgeons of Canada, medical practitioners participating in the Royal College MOC Program may record completion of accredited activities registered under the ACCME's "CME in Support of MOC" program in Section 3 of the Royal College's MOC Program.



Completion of this accredited CME activity meets the expectations of an Accredited Safety or Quality Improvement Program (IA_PSPA_28) for the Merit-based Incentive Payment Program (MIPS). Clinicians should submit their improvement activities by attestation via the CMS Quality Payment Program website.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 0.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



This activity may include discussions of products or devices that are not currently labeled for use by the U.S. Food and Drug Administration (FDA).

The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices.



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Christina M. Madison PharmD, FCCP, AAHIVP Founder and CEO The Public Health Pharmacist, PLLC

Disclosures

Faculty

Juhi Moon, MD, reports no financial relationships to disclose Christina M. Madison, PharmD, FCCP, AAHIVP, reports the following financial relationships:

Advisory board-ViiV Healthcare, Sanofi, and GSK

Consultant-ViiV Healthcare, Sanofi, and GSK

Ownership interest (stock)—Pills2Me and Wellness Equity Alliance

Interviewed Faculty

Martina L. Badell, MD, reports no financial relationships to disclose

Lee Gilman, MSN, CRNP, reports no financial relationships to disclose

Joseph McCray, BSN, RN, reports no financial relationships to disclose

Interviewed Faculty/Planner

Asia Sullivan, PA-C, MPH, reports the following financial relationships:

Advisory board-Gilead Sciences Inc., and GSK

Other financial or material support (social media content)— Carbon Health, Cystex, FOLX, GSK, GoodRx, Johnson & Johnson, LabCorp, Pair Eyewear, and Wisp

The following individuals have no financial relationships to disclose:

Jeffrey Helfand, DO (peer reviewer) Albert Eubanks, Jr., RN (peer reviewer) Warren Beckman (planning committee) Nichole Lainhart (planning committee) Scott J. Hershman, MD, FACEHP, CHCP (planning committee) Sandra Caballero, PharmD (planning committee) Sharon Tordoff (planning committee)

All identified conflicts of interest have been mitigated.



CTIVE **OBJE(** EARNING



Integrate a universal testing approach in clinical practice for hepatitis B virus (HBV), hepatitis C virus (HCV), and human immuno-deficiency virus (HIV) based on evidence-based CDC guidelines to address screening gaps



What percentage of new HIV cases result from individuals who are unaware of their status due to lack of screening?

- A. 10%
- **B.** 20%
- **C**. 40%
- D. 60%
- E. I don't know



What percentage of new HIV cases result from individuals who are unaware of their status due to lack of screening?





Results recorded on March 18, 2025.

Characteristic	HIV	HBV	НСV	
Epidemic size	39 million	296 million	58 million	
New infections per year	1.3 million	1.5 million	1.5 million	
Deaths per year	650,000	820,000	290,000	
Percentage diagnosed	85.0%	10.5%	21.0%	
Percentage treated	75.0%	2.2%	13.0%	
Treatment	Tenofovir/emtricitabine + dolutegravir	Tenofovir	Sofosbuvir/daclatasvir	
Cost of treatment (per person), U.S. \$	<\$50/year	\$28.80/year	\$60.00	
Diagnostic test	Anti-HIV 1/2 antibodies	Hepatitis B surface antigen	Anti-HCV antibodies	
Cost of diagnostic test, U.S. \$	\$1.00	\$0.70	\$0.78	



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General population	11	0.09 (4.28)	0.22 (3.46)	0.60 (3.88)	0.87 (8.96)	0.05 (2.45)	2.44	6.55
Blood donors	43	0.33 (1.70)	1.13 (3.51)	0.53 (1.42)	1.95 (1 42)	0.54 (1.59)	3.45	1.61
Pregnant women	16	0.39 (3.17)	1.50 (4.02)	0.31 (1.71)	2.19 (6.14)	0.07 (1.30)	3.81	0.79
Healthcare attendees	34	0.18 (5.04)	7.21 (6.39)	1.14 (8.12)	8.52 (10.31)	0.21 (4.99)	40.37	6.38
Refugees/immigrants/ asylum seekers	35	0.17 (1.76)	1.19 (4.04)	0.47 (2.27)	1.80 (5.61)	0.48 (0.88)	7.03	2.75
Prisoners	15	1.03 (2.03)	1.27 (3.37)	5.69 (6.82)	7.78 (6.76)	0.62 (0.48)	1.23	5.53
Homeless individuals	4	3.38 (2.31)	1.80 (0.70)	21.75 (8.68)	26.93 (10.86)	NA	0.53	6.44
MSM	4	18.28 (30.45)	1.26 (2.56)	1.42 (2.15)	20.08 (32.03)	3.47	0.07	0.08
PWUD	13	20.47 (13.27)	9.87 (13.21)	52.79 (20.62)	60.56 (23.03)	24.83 (16.05)	0.48	2.58
Total	175	0.22 (7.71)	1.09 (5.80)	0.65 (14.64)	1.90 (16.82)	0.12 (10.44)	4.93	2.96



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A Team Approach to Pan-Viral Screening/Care





Asia Sullivan PA-C, MPH



 HIV: all patients ages 13–64 → screen at least 1× in a lifetime¹ (patients with ongoing risk factors for HIV at least annually)

CDC, Centers for Disease Control and Prevention.



- HIV: all patients ages 13–64 → screen at least 1× in a lifetime¹ (patients with ongoing risk factors for HIV at least annually)
- HBV: all adults age ≥18 years → screen at least 1× in a lifetime² (periodic testing for susceptible persons, regardless of age, with ongoing exposure risk)
- HCV: all adults age ≥18 years → screen at least 1× in a lifetime³ (periodic testing while risk factors persist)

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- Universal screening reduces stigma or difficulty in assessing risk factors, *reduces transmission*, improves outcomes—but is underused

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¹Centers for Disease Control and Prevention (CDC). CDC website. 2025. https://www.cdc.gov/hivnexus/hcp/diagnosis-testing/index.html.

²Conners EE, et al. *MMWR Recomm Rep.* 2023;72(RR-1):1–25. ³Schillie S, et al. *MMWR Recomm Rep.* 2020;69(RR-2):1–17.

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 - ~15% of individuals with HIV are unaware of their status due to lack of appropriate screening, leading to nearly 40% of new cases of HIV

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 - ~15% of individuals with HIV are unaware of their status due to lack of appropriate screening, leading to nearly 40% of new cases of HIV
 - "Opt out" approach removes stigma, ↑ diagnosis/treatment, ↓ transmission

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Status Neutral HIV Prevention and Care Prevent and Treat Syndemic Infections



PrEP, pre-exposure prophylaxis.

Centers for Disease Control and Prevention (CDC). CDC website. 2025. https://www.cdc.gov/hivnexus/hcp/diagnosis-testing/index.html.



OBJECTIVE EARNING



Evaluate pan-viral testing strategies in diverse practice settings that improve engagement with patients from special populations at risk for HIV and/or viral hepatitis

How often do you currently recommend pan-viral screening for your patients per CDC guidance?

- A. Never, just learning about the CDC recommendations
- B. Rarely
- C. Sometimes, depending upon risk factors
- D. Most of the time
- E. Always



How often do you currently recommend pan-viral screening for your patients per CDC guidance?



Results recorded on March 18, 2025.



Patient Case: Daniel



Daniel, who is 57 years old, had not received routine medical care for several years due to lack of insurance.




Patient Case: Daniel



Daniel, who is 57 years old, had not received routine medical care for several years due to lack of insurance.



He engaged in occasional IV drug use in his 30s but never disclosed this to healthcare providers. During a routine physical at age 50, his doctor did not recommend HCV testing, despite CDC guidelines.



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At age 53, Daniel experienced fatigue and abdominal pain but attributed it to stress and did not seek medical attention.

By age 55, Daniel developed severe symptoms, including jaundice, and was diagnosed with advanced liver disease due to HCV. Further testing revealed he was also HIV+, which he had unknowingly contracted and likely transmitted to others.



Faculty Discussion

How does this case study inform real-world panviral screening?



A Team Approach: Community Outreach











Turkson-Ocran R-A, et al. J Am Heart Assoc. 2021;10:e018183.





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Social Drivers of Health (SDoH)





Adapted from Essien UR, et al. Nat Rev Cardiol. 2021;18(11):763–773.



Anticoagulation Forum. Anticoagulation Centers of Excellence website. Updated December 2021. https://acforum-excellence.org/Resource-Center/resource_files/1885-2021-12-13-063409.pdf.





What challenges do you have getting to appointments?



Discuss best hours; telehealth

Anticoagulation Forum. Anticoagulation Centers of Excellence website. Updated December 2021. https://acforum-excellence.org/Resource-Center/resource_files/1885-2021-12-13-063409.pdf.





What challenges do you have getting to appointments?

Do you have access to a pharmacy?



Discuss best hours; telehealth

Recommend mail-order/prescription delivery





What challenges do you have getting to appointments?

Do you have access to a pharmacy?

Do you have access to care in your preferred language?



- Discuss best hours; telehealth
- Recommend mail-order/prescription delivery
- Introduce to other providers

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What challenges do you have getting to appointments?

Do you have access to a pharmacy?

Do you have access to care in your preferred language?

Do you have insurance for visits and prescriptions?



- Discuss best hours; telehealth
- Recommend mail-order/prescription delivery

Introduce to other providers

Refer to counselor, social worker; determine if drug
company has patient assistance programs; refer to coupon/discount





What challenges do you have getting to appointments?

Do you have access to a pharmacy?

Do you have access to care in your preferred language?

Do you have insurance for visits and prescriptions?

Do you have safe housing?



- Discuss best hours; telehealth
- Recommend mail-order/prescription delivery
- Introduce to other providers
 - Refer to counselor, social worker; determine if drug
 company has patient assistance programs; refer to coupon/discount
- Home health care visit to assess safety; report abuse





What challenges do you have getting to appointments?

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Do you have a safe place to store/refrigerate medications?



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- Home health care visit to assess safety; report abuse
- Provide pillbox, blister packs



Sample Questions

What challenges do you have getting to appointments?

Do you have access to a pharmacy?

Do you have access to care in your preferred language?

Do you have insurance for visits and prescriptions?

Do you have safe housing?

Do you have a safe place to store/refrigerate medications? Are you experiencing discrimination that is negatively impacting your health?



- Discuss best hours; telehealth
- Recommend mail-order/prescription delivery
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- Refer to counselor, social worker; determine if drug
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Report

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How do you prefer to learn about things?



- Discuss best hours; telehealth
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Report

Use preferred learning method if possible

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Sample Questions

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Do you have insurance for visits and prescriptions?

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Do you have a safe place to store/refrigerate medications?

Are you experiencing discrimination that is negatively impacting your health?

How do you prefer to learn about things?

Can you afford and access healthy food?

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- Home health care visit to assess safety; report abuse
- Provide pillbox, blister packs

Report

- Use preferred learning method if possible
- Determine eligibility for meal assistance



A Team Approach: Patient Advocacy





Asia Sullivan PA-C, MPH



























A Team Approach: Education and Trust





Joseph McCray RN



CTIVE **OBJE(** EARNING



Incorporate guidelinerecommended panviral screening approaches for patients who are pregnant to improve outcomes and limit perinatal transmission



Per CDC and ACOG, when should pregnant patients at elevated risk ideally be screened for HIV?

- A. Every trimester
- B. First trimester
- C. First and second trimesters
- D. First and third trimesters
- E. I don't know



7

Per CDC and ACOG, when should pregnant patients at elevated risk ideally be screened for HIV?





Results recorded on March 18, 2025.

Pan-Viral Testing in Pregnancy

- According to the CDC and the American College of Obstetricians and Gynecologists (ACOG)
 - All pregnant individuals should be screened for viral infections, including HIV, HBV, and HCV—preferably in the first trimester

ACOG. ACOG website. Updated September 2018. https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2018/09/prenatal-and-perinatal-human-immunodeficiency-virus-testing. ACOG. ACOG website. Updated September 2023. https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2023/09/viral-hepatitis-in-pregnancy.



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 - With early viral suppression, the rate drops to 1%–2% or less

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- 88% of these cases could have been prevented with timely screening and treatment
- ACOG practice advisory (2024) recommends individuals who are pregnant be screened serologically for syphilis at 3 time points
 - At first prenatal care visit
 - During the third trimester
 - At birth

ACOG. ACOG website. 2024. https://www.acog.org/news/news-releases/2024/04/acog-recommends-obstetrician-gynecologists-increase-syphilis-screening-for-pregnant-individuals.



A Team Approach: Perinatal Screening/Care





Martina Badell MD



Early Screening Is Critical in Pregnancy

- Benefits of early screening in pregnancy for viral infections (HIV, hepatitis) as well as for syphilis, include
 - Early identification of active infections
 - Prompt initiation of treatment that reduces the risk of perinatal transmission

ACOG. ACOG website. Updated September 2018. https://www.acog.org/clinical-guidance/committee-opinion/articles/2018/09/prenatal-and-perinatal-human-immunodeficiency-virus-testing. ACOG. ACOG website. Updated September 2023. https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2023/09/viral-hepatitis-in-pregnancy. Connor EM, et al. *N Engl J Med.* 1994;331:1173–1180.



Put information into action! Consider the following goals; then set a time frame that fits with your work environment and a reasonable improvement target that aligns with your patient population.



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Increase the percentage of patients who participate in shared decision making regarding pan-viral testing and subsequent treatment, when indicated

Improve adherence to CDC and ACOG recommendations for pan-viral and syphilis testing in pregnant individuals to reduce vertical transmission



Question-and-Answer Session Juhi Moon, MD Christina Madison, PharmD





Closing Remarks Juhi Moon, MD





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Pan-Viral Screening for HBV, HCV, and HIV in Diverse Practice Settings

This program has been supported by an independent educational grant from Gilead Sciences, Inc.

