



2025 EARLY CAREER SCHOLAR PROGRAM

# An Intensive Multi-day Opioid REMS Initiative in Pain Management



**March 15–16, 2025**

Wyndham Garden Lake Buena Vista  
Buena Vista, FL



Presented by **CME Outfitters** and supported by an independent educational grant from the Opioid Analgesic REMS Program Companies.\*



## ACTIVITY DESCRIPTION

This immersive, early career program offers those residents, fellows and recent graduates the opportunity to interact with a panel of expert faculty and discuss the 2022 CDC Guideline for Prescribing Opioids for Chronic Pain, changes made since the last Guideline published in 2016, and ways to utilize the new Guideline in the management of pain. Emphasis will be on the need to individualize treatment to the needs of the patient, use of multi-modal pain management strategies, understanding the different pain pathways and biopsychosocial factors individual patients face trying to manage pain.

## TARGET AUDIENCE

Targeting residents and fellows in pain management, family medicine, primary care, internal medicine, hematology/oncology, palliative care anesthesiology, psychiatry, psychology, neurology, dentistry, and surgery training programs across the United States.

## ACCREDITATION



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, CME Outfitters, LLC, is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



### \*SUPPORTER STATEMENT

Please see [opioidanalgesicrems.com/Resources/Docs/List\\_of\\_RPC\\_Companies.pdf](https://opioidanalgesicrems.com/Resources/Docs/List_of_RPC_Companies.pdf) or scan the QR code for a listing of REMS Program Companies. This activity is intended to be fully compliant with the Opioid Analgesic REMS education requirements issued by the U.S. Food and Drug Administration (FDA).

## LEARNING OBJECTIVES

**At the conclusion of this activity, learners will be able to better:**

- Incorporate knowledge of physiologic mechanisms and biopsychosocial factors influencing pain development, persistence, and management into clinical assessment and appropriate management of pain
- Incorporate strategies from the 2022 CDC Guideline for Prescribing Opioids into the development of safe and effective pain management plans for patients with acute, subacute, and chronic pain
- Educate patients about multimodal pain management to optimize safe and effective, multimodal treatment plans
- Assess opioid nonmedical use risk when developing multimodal pain management plans
- Incorporate the DSM-5 criteria in the identification and diagnosis of OUD in patients prescribed opioids for acute and chronic pain
- Utilize best practices in discussing potential OUD diagnosis and treatment with patients





### **Johnathan Goree, MD (Chair)**

*Chief of Staff*

*Neurosciences Service Line Director*

*Director Chronic Pain Division*

*Associate Professor of Anesthesiology*

*University of Arkansas for Medical Sciences*

*Little Rock, AR*

**Johnathan Goree MD** is an Associate Professor of Anesthesiology at the University of Arkansas for Medical Sciences. Here, he is the Director of the Chronic Pain Division, Chief of Staff, and Neurosciences Service Line Director. He completed medical school and anesthesia residency at the Weill College of Medicine at Cornell University and chronic pain medicine fellowship at Emory University. He joined the faculty at the University of Arkansas for Medical Sciences in 2014 where he continues to practice today.



### **Carrie Hyde, MD (Co-Chair)**

*Chief Medical Officer – Palliative Care Division*

*Gentiva, Illumia Health, and Empatia Palliative Care*

*Internal Medicine, Hospice and Palliative Medicine, Physician Acupuncturist*

*North Little Rock, AR*

**Dr. Carrie Hyde, MD** has been dedicated to palliative care since 2013, focusing on improving the quality of life for individuals with serious illnesses. Known for her compassionate approach, excellent communication skills, and ability to collaborate effectively with interdisciplinary teams, Dr. Hyde excels in creating patient-centered care plans.

As the Chief Medical Officer for the Palliative Care division at Gentiva, Illumia Health, and Empatia Palliative Care, she leverages her extensive experience to enhance care delivery for patients with complex needs. Dr. Hyde is passionate about advancing patient-centered care and remains committed to making a meaningful impact in the healthcare field.



### **Kimberlee Bayless, DNP, FNP-BC, FAANP**

*Acute Pain Service Expansion Program (APSEP) Education Director*

*Director Transitional Pain Service*

*Nurse Practitioner Acute Pain Service*

*Anesthesia Department*

*George E. Wahlen Department of Veterans Affairs*

*Adjunct Instructor*

*Department of Anesthesiology*

*University of Utah School of Medicine*

*Salt Lake City, UT*

**Dr. Kimberlee Bayless** is a Nurse Practitioner and the Director of the Transitional Pain Service at the Department at George E. Wahlen Department of Veterans Affairs Medical Center in Salt Lake City, Utah. She is also the Adjunct Instructor in the Department of Anesthesiology University of Utah School of Medicine. She received her Bachelor's degree in Nursing from the University of Utah, where she subsequently received her Master's degree as a Family Nurse Practitioner and Doctorate of Nursing Practice. Kimberlee is board certified by the American Board of Nursing as a Family Nurse Practitioner.

Dr. Bayless has practiced pain medicine for numerous years in the private practice setting and has been a nurse for over 22 years in the private, hospital, and academic setting. She is currently serving as the co-chair for the Utah Nurse Practitioner Pharmacology Conference and on the legislative committee for the Utah Nurse Practitioner Association. She is the chair of office of nursing service the pain management APRN special interest group. She is a member of office of nursing service pain management field advisory committee. Dr. Bayless serves as the Vice-Chair of the NP/PA/RN special interest group for the American Society of Regional Anesthesia and Pain Medicine. Additionally, she is the 2019 Secretary's Ward Excellence in Nursing recipient for the George E. Wahlen Department of Veterans Affairs Medical Center and the American Association of Nurse Practitioners 2022 Utah State Award for Excellence.



### **Melissa J. Durham, PharmD, MACM**

*Associate Professor and Associate Dean*

*Titus Family Department of Clinical Pharmacy*

*USC Mann School of Pharmacy and Pharmaceutical Sciences*

*Los Angeles, CA*

**Melissa J. Durham, PharmD, MACM** is an Associate Professor of Clinical Pharmacy and an Associate Dean at the University of Southern California (USC) Mann School of Pharmacy and Pharmaceutical Sciences. She received her Doctor of Pharmacy degree, completed a residency in Community-based Pharmacy Practice, and has a Master of Academic Medicine degree, all from USC. Dr. Durham is a clinical pharmacist at the USC Pain Center, where since 2008 she has run a pharmacist-led pain medication management service for patients with a variety of complicated chronic nononcologic pain conditions. She is dedicated to improving the quality of life for people with chronic pain through patient-centered and compassionate care. The value of her unique practice model has been recognized and published both nationally and internationally. Dr. Durham is also a practicing community pharmacist and provides a valuable and unique perspective of a clinician who is both a prescriber and a dispenser.

**Jeffrey Gudin, MD***Professor of Anesthesiology, Perioperative Medicine, and Pain Management**University of Miami Miller School of Medicine**Board Certified in Pain Management, Anesthesiology, Palliative Care,  
and Addiction Medicine**Miami, FL*

**Jeffrey Gudin, MD** completed his residency in anesthesiology at the Yale University School of Medicine and his fellowship at the Yale Center for Pain Management. While in New Haven, Dr. Gudin also trained in addiction medicine and directed a substance abuse treatment center. As Professor at the University of Miami Miller School of Medicine, he remains active in teaching and research. Dr. Gudin has assisted in clinical trial design and the development of numerous analgesics. He has lectured internationally on pain management, palliative care, and addiction medicine, and has served as expert witness on a variety of patent, medical opioid-related, and injury cases.

Dr. Gudin is principal investigator on an National Institutes of Health (NIH) funded analgesic research project through the Helping to End Addiction Long-Term (HEAL) Initiative, by the National Center for Advancing Translational Sciences (NCATS) to study the pharmacology and safety of a novel molecule/ formulation for the treatment of pain.

Dr. Gudin has dedicated his career to promoting education in pain management. He attends and has presented at PAINWeek, the American Pain Society, American Academy of Pain Management, American Academy of Physical Medicine and Rehabilitation, and many other national/ international venues.



### **Sudheer Potru, DO, FASA, FASAM**

*Director, Complex Pain and High-Risk Opioid Clinic*

*Atlanta VA Healthcare System*

*Decatur, GA*

**Sudheer Potru, DO, FASA, FASAM** is a triple-board-certified anesthesiologist, pain medicine physician, and addiction medicine specialist at the Atlanta VA Medical Center, where he serves as the director for the facility's complex pain management clinic. A former Associate Professor, his primary clinical and research interests are in the intersection of opioid safety, substance use disorders, and the perioperative and pain clinic settings. He has published extensively in these domains and serves on national committees for ASA, ASRA Pain Medicine, and the American Academy of Pain Medicine. He has lectured nationally and internationally at numerous anesthesiology and pain management conferences and has given grand rounds presentations at such reputed institutions as the Mayo Clinic, Vanderbilt, and many others. A graduate of Michigan State University's College of Osteopathic Medicine, Dr. Potru completed his residency training in anesthesiology at the University of Miami/Jackson Health System in Florida and a pain medicine fellowship at Rush University Medical Center in Chicago.



### **Jonelle M. Elgaway**

*Patient Advocate*

*Executive Director*

*National Pain Council*

*Raleigh, NC*

Over the last 31 years **Jonelle M. Elgaway** has dealt with major health issues and several incurable/painful diseases. At age 16 she was in an auto accident resulting in broken c3-c4 vertebrae, and a second accident at 25 years old breaking the c4-c5 vertebrae, which left her left arm/hand paralyzed. After surgery and 2 1/2 yrs of intense physical therapy Ms. Elgaway got her arm back, but would go on to have 5 total neck surgeries over the next 10 yrs.

Prior to her surgeries, Ms. Elgaway played on the B squad 1996 Olympic team for field hockey and won an athletic scholarship to The Ohio State University. She graduated with a B.A. in English (Racism, Feminism and Gender) and a minor in International Politics.

Prior to becoming fully disabled Ms. Elgaway worked as an undercover agent at PLE Group, JP Morgan Chase in the mortgage department. As her health worsened, she started a business flipping houses until she became permanently disabled in 2005. Once fully disabled Ms. Elgaway searched for a new purpose and fell in love with patient advocating.

Ms. Elgaway has spoken at a congressional briefing in 2018 concerning how the opioid crisis has affected patients with intractable pain and the doctor/patient relationship. She has met with 40+ senators, state reps, congressman, and governors to discuss the treatment of patients and doctors since the opioid crisis was created.

Currently, Ms. Elgaway serves as the Executive Director for National Pain Council (NPC), LLC. NPC's goals are to provide education and resources to restore equity in the treatment for all patients with intractable pain and to support and protect doctors. Additionally, Ms. Elgaway recently created Pain Round Table, which is a grassroots movement to unite medical professionals and patients within the chronic pain community.

Ms. Elgaway strives to never stop fighting for the chronic pain community until all patients receive the proper treatments and medications to live a better quality of life.

**Dr. Goree** reports the following financial relationships:

*Consultant*—Abbott; Saluda Medical; and Stratus Medical, LLC

*Research support*—Mainstay Medical and SPR Therapeutics

**Dr. Hyde** reports no financial relationships to disclose.

**Dr. Bayless** reports the following financial relationships:

*Grants*—(Institution support only) Health Services Research and Development (HSR&D)

**Dr. Durham** reports no financial relationships to disclose.

**Ms. Elgaway** reports no financial relationships to disclose.

**Dr. Gudin** reports the following financial relationships:

*Advisory Board*—Ensysce Biosciences

*Consultant*—Acertis Pharmaceuticals; Collegium Pharmaceutical; Hisamitsu  
Pharmaceutical Co., Inc.; Sanofi; and Tris Pharma, Inc.

**Dr. Potru** reports the following financial relationships:

*Scientific Advisory Board*—PatchRx

*\*All identified conflicts of interest have been mitigated.*

**Disclosures were obtained from the peer reviewer and the CME Outfitters staff—**  
no disclosures to report

Jeffrey Helfand, DO (peer reviewer)

Michael Franks, APRN, AGACNP-BC, FNP-BC (peer reviewer)

Evan Luburger (planning committee)

Carrie Allen, PharmD, BCPS (planning committee)

Estelle Perera (planning committee)

Scott J. Hershman, MD, FACEHP, CHCP (planning committee)

Sandra Caballero, PharmD (planning committee)

Sharon Tordoff (planning committee)

**Faculty of this CME/CE activity** may include discussions of products or devices that are not currently labeled for use by the U.S. Food and Drug Administration (FDA). The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices. CEC, the faculty, and any commercial supporter of this activity do not endorse the use of any product outside of the FDA labeled indications. Medical professionals should not utilize the procedures, products, or diagnosis techniques discussed during this activity without evaluation of their patient for contraindications or dangers of use.

## AGENDA

### SATURDAY, MARCH 15, 2025 | Morning Session

TIME	SESSION	ROOM
8:00 AM–8:30 AM	Registration & Breakfast	Horizon Salons 1-3
8:30 AM–8:45 AM	Welcome and Introduction* <i>Drs. Goree and Hyde</i>	
8:45 AM–9:45 AM	<b>SESSION 1</b> Understanding the Biopsychosocial Model of Pain* <i>Dr. Gudin</i>	Horizon Salons 4-5
9:45 AM–10:45 AM	<b>SESSION 2</b> Multimodal Pain Management Pharmacologic and Non-Pharmacologic Approaches* <i>Dr. Durham</i>	Horizon Salons 4-5
10:45 AM–11:00 AM	Break	
11:00 AM–12:00 PM	<b>SESSION 3</b> CDC 2022 Guidelines for Opioid Prescribing and REMS Blueprint Overview* <i>Dr. Hyde</i>	Horizon Salons 4-5
12:00 PM–1:00 PM	Lunch & Presentation Patient Experience in Pain Management* <i>Ms. Elgaway</i>	Horizon Salons 1-3

### SATURDAY, MARCH 15, 2025 | Afternoon Session

TIME	SESSION	ROOM
1:00 PM–2:30 PM	<b>BREAKOUT SESSION 1</b> Case-Based Multimodal Chronic Pain Management* <i>All Faculty</i>	Break-out Rooms
2:30 PM–3:30 PM	<b>SESSION 4</b> Assessing and Mitigating Risk for Opioid Misuse/ Diagnosis and Management of OUD* <i>Dr. Potru</i>	Horizon Salons 4-5
3:30 PM–3:45 PM	Break	

## AGENDA

### SATURDAY, MARCH 15, 2025 | Afternoon Session

TIME	SESSION	ROOM
3:45 PM–5:00 PM	<b>SESSION 5</b> Multimodal Acute Pain Management* <i>Dr. Bayless</i>	Horizon Salons 4-5
5:00 PM–5:30 PM	Q&A and Wrap-Up* <i>Dr. Goree</i>	
5:30 PM–5:45 PM	Break	

### SATURDAY, MARCH 15, 2025 | Afternoon Session

TIME	SESSION	ROOM
5:45 PM–6:30 PM	Meet the Faculty Dinner/Reception	Horizon Salons 1-3

### SUNDAY, MARCH 16, 2025 | Morning Session

TIME	SESSION	ROOM
8:00 AM–8:30 AM	Breakfast	Horizon Salons 1-3
8:30 AM–9:45 AM	<b>SESSION 6</b> Difficult Conversations – Workshop on How to Have Difficult Conversations with Patients* <i>Dr. Potru</i>	Horizon Salons 4-5
9:45 AM–10:45 AM	<b>SESSION 7</b> Advanced Pain Management Strategies: Interventional Approaches and Intensification* <i>Dr. Goree</i>	Horizon Salons 4-5
10:45 AM–11:00 AM	Break	
11:00 AM–12:30 PM	<b>BREAKOUT SESSION 2</b> Advanced Management: Continued Case Discussions and Multidisciplinary Approaches – Challenging Cases* <i>All Faculty</i>	Break-out Rooms
12:30 PM–1:00 PM	Final Q&A and Program Conclusion*	

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**Questions about this activity?**

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