OUT OF THE SHADOWS:

Starting the Conversation About Bowel Urgency in Patients with Crohn's Disease



This program is not affiliated with the Crohn's and Colitis Congress®.

Live Symposium • January 25, 2024

5:00-6:30 PM PT • Bellagio Hotel & Casino • Room: Monet 1 & 2 • Las Vegas, Nevada

CME OUTFITTERS

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Studies demonstrate that approximately 65%-82% of patients with Crohn's disease (CD) report at least some degree of bowel urgency, but this symptom is largely underrecognized by gastroenterologists and health care professionals (HCPs) caring for patients with inflammatory bowel disease (IBD). There is a lack of awareness and appreciation of the impact of bowel urgency in patients with CD as it is most commonly associated with ulcerative colitis. Bowel urgency in patients with CD results in emotional and social stress, leading to stigma, feelings of isolation, and impacting all aspects of daily life for patients. Bowel urgency is not widely incorporated into clinical assessment indices or clinical trial endpoints for CD, despite being a pivotal symptom influencing patient health-related QoL (HRQoL) and a potential indicator of uncontrolled intestinal inflammation.

In this CMEO Outfitters live symposium, expert faculty will discuss recognizing the frequency of bowel urgency in patients with CD and the impact on patient QoL, incorporating assessments for bowel urgency through symptom evaluation, and engaging patients in open communication about their bowel urgency as part of shared decision-making in order to improve clinical outcomes, and the faculty will also review real-world patient cases.

Learning Objectives

At the conclusion of this activity, learners will be able to better:

- Recognize the frequency of bowel urgency in patients with CD and the impact on patient quality of life.
- Incorporate assessments for bowel urgency as part of thorough symptom evaluation for patients with CD.
- Engage patients in open communication about their bowel urgency as part of shared decision-making in order to improve clinical outcomes.

Target Audience

Gastroenterologists, physician associates (PAs), nurse practitioners (NPs), nurses, and pharmacists

Financial Support

This activity is supported by an educational grant from Lilly.

Faculty

Marla Dubinsky, MD (Moderator)

Professor of Pediatrics and Medicine

Co-Director, Susan and Leonard Feinstein IBD Clinical Center

Director, Marie and Barry Lipman IBD Preconception and Pregnancy Clinic

Icahn School of Medicine Mount Sinai New York

Chief, Division of Pediatric GI and Nutrition

Mount Sinai Kravis Children's Hospital

New York, NY

Tauseef Ali, MD, FACP, FACG, AGAF

Medical Director

SSM Health Crohn's and Colitis Center

Medical Executive Director

SSM Health Digestive Care

Clinical Associate Professor

University of Oklahoma Health Sciences Center

Oklahoma City, OK

Millie D. Long, MD, MPH

Professor of Medicine

Vice-Chief for Education

Director, Gastroenterology and Hepatology Fellowship Program

Division of Gastroenterology and Hepatology

University of North Carolina

Chapel Hill, NC

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Credit Information

JOINTLY ACCREDITED PROVIDER

In support of improving patient care, CME Outfitters, LLC, is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

IPCE CREDIT

This activity was planned by and for the healthcare team, and learners will receive 1.5 Interprofessional Continuing Education Credits for learning and change.

PHYSICIANS (ACCME)

CME Outfitters, LLC, designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES (ANCC)

This activity is designated for 1.5 contact hours.

California Residents: This continuing nursing education activity was approved by the California Board of Registered Nursing. CME Outfitters LLC's provider number is CEP15510.

PHARMACISTS (ACPE)

This application-based activity is approved for 1.5 contact hours (0.15 CEUs) of continuing pharmacy credit (JA0007185-0000-24-004-L01-P).

PAS (AAPA)

CME Outfitters, LLC, has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

ABIM MOC CREDIT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.5 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

MIPS IMPROVEMENT ACTIVITY

Completion of this accredited CME activity meets the expectations of an Accredited Safety or Quality Improvement Program (IA_PSPA_28) for the Merit-based Incentive Payment Program (MIPS). Clinicians should submit their improvement activities by attestation via the CMS Quality Payment Program website.

ROYAL COLLEGE MOC

Through an agreement between the Accreditation Council for Continuing Medical Education and the Royal College of Physicians and Surgeons of Canada, medical practitioners participating in the Royal College MOC Program may record completion of accredited activities registered under the ACCME's "CME in Support of MOC" program in Section 3 of the Royal College's MOC Program.

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Faculty



Marla Dubinsky, MD (Moderator)

Marla C. Dubinsky, MD, is a Professor of Pediatrics and Medicine at the Icahn School of Medicine at Mount Sinai, New York, New York. Dr. Dubinsky received her medical degree from Queen's University, Canada. She completed her pediatric residency at Alberta Children's Hospital, Calgary, Canada, and her clinical fellowship in gastroenterology and nutrition at Sainte-Justine Hospital at the University of Montreal, Canada. She completed her research fellowship in inflammatory bowel disease (IBD) at Cedars-Sinai Medical Center in Los Angeles, California, where she served as the Director of the Pediatric IBD Center before going to Mount Sinai as the Chief of Pediatric Gastroenterology and Nutrition at the Mount Sinai Kravis Children's Hospital and as Co-Director of the Susan and Leonard Feinstein IBD Clinical Center. Dr. Dubinsky is also Co-Director of the IBD Preconception and Pregnancy Planning Clinic at Mount Sinai. She is Co-Founder of Mi-Test Health as well as Cornerstones Health, a non-profit organization dedicated to enhancing and transforming communication between health care providers, patients, and industry partners through a creative, comprehensive, and expert-based educational program. She is also Co-Founder of Trellus Health, a resilience-driven, connected health solution for chronic conditions, leading with IBD. She is also a recipient of the 2022 Sherman Prize.

Dr. Dubinsky has been engaged in IBD clinical and translational research for over two decades. Her primary research focuses on developing predictive models and web-based decision support tools that integrate clinical markers and biomarkers to predict the natural history of IBD and response to therapy. She has a keen interest in personalized medicine in IBD, and her research uncovers predictors of rapid disease progression with the goal of preventing complications by altering treatment plans. Dr. Dubinsky is the principal investigator of multiple large longitudinal cohorts including the Road to Prevention Multiplex Family Program at Mount Sinai with over 700 enrolled participants, with a goal of using multi-omics data to predict the development of IBD in unaffected family members. She is co-investigator of the Risk Stratification and Identification of Immunogenetic and Microbial Markers of Rapid Disease Progression in Children with Crohn's Disease (RISK) study and senior author on the manuscript presenting a model to predict the natural history of pediatric Crohn's disease. Dr. Dubinsky is very committed to women's reproductive health in IBD, and in addition to her research in this field she is Co-Founder of WECARE in IBD, an organization dedicated to the health of women with IBD. She is very committed to leading the next generation of female leaders in the field of gastroenterology. She has lectured widely, both nationally and internationally, and has published in more than 340 peer-reviewed journals, including *New England Journal of Medicine, Gastroenterology, Lancet, JAMA, The Journal of Pediatric Gastroenterology and Nutrition, The Journal of Crohn's and Colitis, Inflammatory Bowel Diseases,* and *The American Journal of Gastroenterology*.

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Faculty



Tauseef Ali, MD, FACP, FACG, AGAF

Tauseef Ali, MD, FACP, FACG, AGAF, is a consultant gastroenterologist and inflammatory bowel disease (IBD) specialist at SSM Health Saint Anthony Hospital, Oklahoma. He is Medical Executive Director of SSM Health Digestive Institute and Director of the Crohn's and Colitis Center. Dr. Ali is a clinical assistant professor at the University of Oklahoma and adjunct faculty at Oklahoma State University. He is an active member of Crohn's and Colitis Foundation, American Gastroenterology Association, and American College of Gastroenterology (ACG). He serves as the Director of professional development activities of South Asian IBD Alliance (SAIA). Dr. Ali recently completed his term as the American College of Gastroenterology Governor for the Oklahoma Chapter and chairperson of its Public Relations Committee, and has joined the American College of Gastroenterology Institute Board of Directors. He is the author of the book *Crohn's and Colitis for Dummies* by Wiley Publishers. He is recognized as the community leader and moderator for the ACG and Crohn's and Colitis of America (CCFA) IBD Circle, an online physician discussion forum. Dr. Ali regularly tweets through his educational Twitter account (@ibdtweets) and is the founder and moderator of the social media international IBD journal club (@ibdclub).

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Faculty



Millie D. Long, MD, MPH

Millie D. Long, MD, MPH, is board certified in internal medicine, preventive medicine, and gastroenterology. Dr. Long received her medical degree from University of Virginia in 2002. She then completed residency in internal medicine and a chief residency at University of Alabama at Birmingham. She completed fellowships in gastroenterology and hepatology, preventive medicine, and inflammatory bowel disease, all at University of North Carolina. She is currently Professor of Medicine in the Department of Medicine and Director of the Gastroenterology and Hepatology Fellowship Program at University of North Carolina at Chapel Hill.

Dr. Long's clinical practice is at the UNC Multidisciplinary Inflammatory Bowel Diseases (IBD) Center. Her research interests include prevention of complications of IBD, women's health, and clinical epidemiology. Dr. Long has contributed to over 200 peer-reviewed publications, book chapters, and review articles and to the medical literature. She is the current co-Editor in Chief of the *American Journal of Gastroenterology.* She also serves as an invited reviewer for journals such as *Inflammatory Bowel Diseases* and *Gastroenterology*.

Dr. Long is a fellow of the American College of Gastroenterology, where she serves on the Board of Trustees. She is also a fellow of the American Gastroenterological Association and the Crohn's and Colitis Foundation, where she co-chairs the Clinical Research Alliance.

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- Advisory Board and Consultant: AbbVie Inc.; Abivax; AstraZeneca; Bristol Myers Squibb Company; Janssen Biotech, Inc.; Lilly; Merck & Co., Inc; Pfizer Inc.; Prometheus Biosciences; Prometheus Laboratories; and Takeda Pharmaceuticals U.S.A., Inc.

Dr. Ali reports the following financial relationships:

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Dr. Long reports the following financial relationships:

- Consultant: AbbVie Inc.; Bristol Myers Squibb Company; Intercept Pharmaceuticals, Inc.; Janssen Pharmaceuticals, Inc.; Lilly; Pfizer Inc.; Prometheus Biosciences, Inc.; Takeda Pharmaceuticals U.S.A., Inc.; and Target RWE
- Research Support: Lilly; Pfizer Inc.; and Takeda Pharmaceuticals U.S.A., Inc.

The following individuals have no financial relationships to disclose:

- Rebecca Vargas-Jackson, MD (Peer Reviewer)
- Shirley Michelle Franks, MSN, APRN, FNP-BC (Peer Reviewer)
- Susan Perry (Planning Committee)
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Instructions for Interactive Technology

Use one of the iPads provided at your table to answer polling questions, view onsite presentations, and submit questions to the faculty. Please see additional information below.

1. **ASK FACULTY A QUESTION**

   Select the Ask Question tab below the slide viewer to submit a question. If your question is for a specific faculty member, please include their name. Your question will be shared with the faculty for the question-and-answer portion of the session.

2. **VIEW AND TAKE NOTES ON PRESENTATION SLIDES**

   Select the Take Notes tab to take notes during the meeting. All of the notes you take during the meeting will be emailed to the address provided within 5 business days.

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