

Shared Decision Making and the SHARE Approach

ILD Conversation Starters to Invite Patient Participation

The SHARE Approach to Shared Decision Making

ILD Conversation Starters

**STEP
1**

Seek

Your patient's participation

“ Now that we have identified the problem of ILD, let's think about what to do next.

I want to go over all the options, so we can find a path that works for you.

**STEP
2**

Help

Your patient explore and compare treatment options

“ What have you heard about ILD and treatments for it?

Let me list the options for treating your ILD before we get into more detail about each of them.

Could you tell me how you understand the treatment choices I've presented to you for your ILD?

**STEP
3**

Assess

Your patient's values and preferences

“ As you think about your options, what's important to you?

Which of these potential side effects worries you the most?

Is there anything that may get in the way of doing this?

**STEP
4**

Reach

A decision with your patient

“ It is fine to take more time to think about the treatment choices. Would you like some more time, or are you ready to decide?

Are there other people that you want to talk to in order to help you make this decision?

**STEP
5**

Evaluate

Your patient's decision

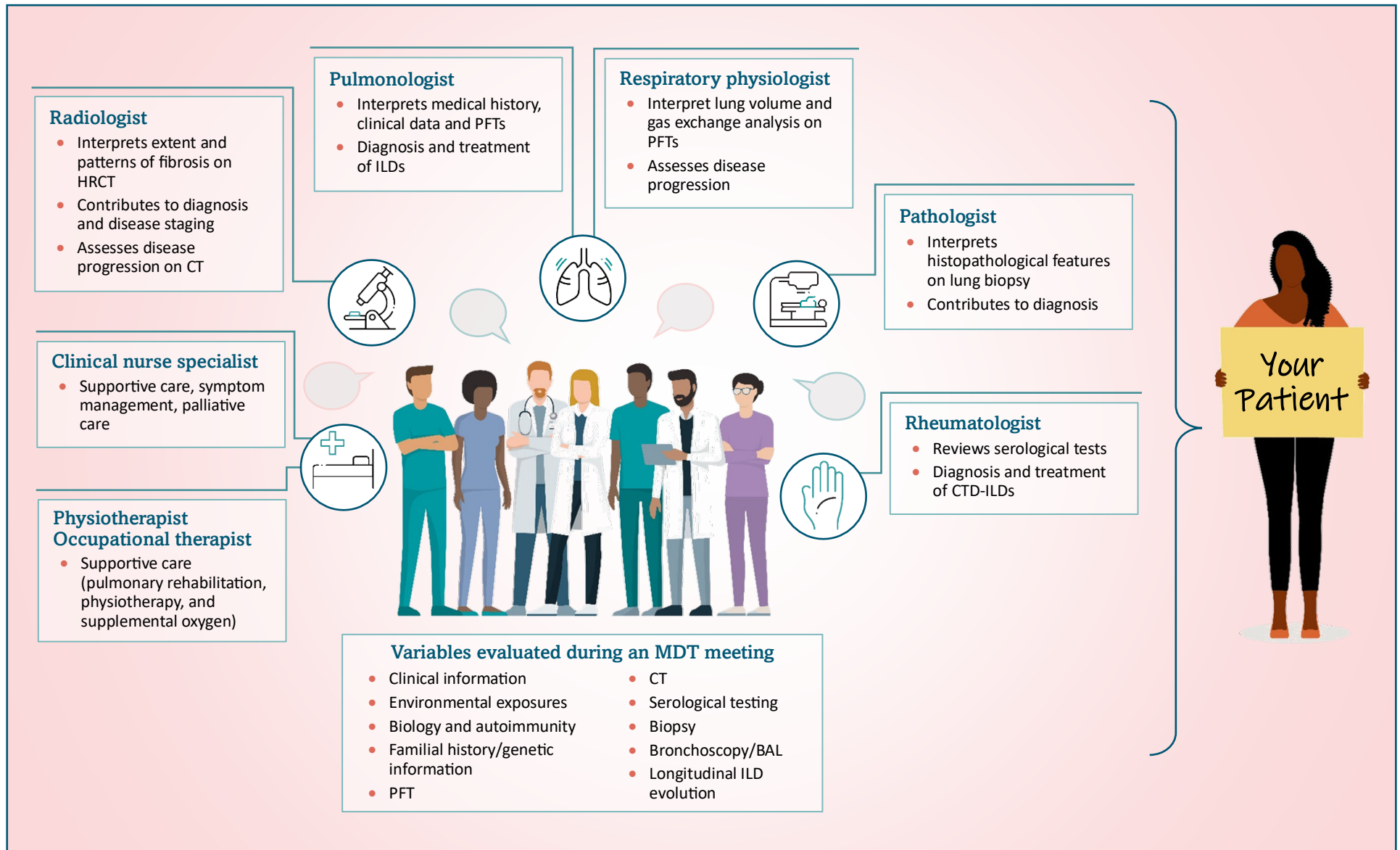
“ Can we talk next week to see how you are doing?

If you don't feel things are improving, please schedule a follow-up visit, so we can plan a different approach.

Adapted from: Agency for Healthcare Research and Quality (AHRQ). The SHARE Approach—Essential Steps of Shared Decision Making: Expanded Reference Guide with Simple Conversation Starters (Workshop Curriculum: Tool 2). AHRQ website. www.ahrq.gov/shareddecisionmaking. April 2014. AHRQ Pub. No. 14-0034-2-EF.

It Takes a Team

Roles and Responsibilities for Optimizing Patient-centric Multidisciplinary ILD Care



BAL, bronchoalveolar lavage; CT, computed tomography; CTD, connective tissue diseases; HRCT, high-resolution computed tomography; ILD, interstitial lung disease; PFT, pulmonary function testing. Adapted from: Cottin V, et al. *Eur Resp Rev.* 2022;31:220003.