

ImproveCareNow Physician Global Assessment

Based on the information available, choose one category that best describes the overall disease activity

INACTIVE DISEASE	In the past week the patient has had minimal or no symptoms thought to be secondary to IBD
Abdominal pain Diarrhea, bloody stools Fatigue Activity	<ul style="list-style-type: none"> – Asymptomatic – Mild symptoms on one or two occasions that resolved spontaneously – Significant symptoms felt to be secondary to another disorder such as IBS or depression
Fistula	None, or a non-inflamed, indolent fistula with no or minimal drainage.
Weight loss	No unexplained wt loss
Abd mass, tenderness	None
Toxic appearance	No
Lab tests (if available)	Normal or minimal transient abnormalities

MILD DISEASE	In the past week, the patient has had mild recurring or persistent symptoms thought to be secondary to IBD
Abdominal pain	Mild abdominal pain thought to be secondary to IBD and occurring several times a week
Diarrhea, bloody stools	Mild recurrent diarrhea (without nocturnal defecation or gross inflammatory bleeding) thought to be secondary to IBD
Fatigue Activity	<ul style="list-style-type: none"> – Asymptomatic or mild symptoms on one or two occasions that resolved spontaneously – Significant symptoms felt to be secondary to another disorder such as IBS or depression
Fistula	Active fistula or other perianal symptoms without associated symptoms
Weight loss	No unexplained wt loss
Abd mass, tenderness	None
Toxic appearance	No
Lab tests (if available)	Persistent (and significant) laboratory abnormalities felt to be secondary to IBD with no or mild associated symptoms

MODERATE DISEASE	In the past week, the patient has had moderate (or combinations of mild and moderate) recurring or persistent symptoms thought to be due to IBD
Abdominal pain	Moderate abdominal pain thought to be secondary to IBD
Diarrhea, bloody stools	Moderate diarrhea that could include nocturnal diarrhea and gross inflammatory bleeding thought to be secondary to IBD
Fatigue	Significant fatigue thought to be secondary to IBD
Activity	Inability to maintain normal activities due to fatigue or other symptoms
Fistula	Active fistula or other perianal disease in combination with other symptoms
Weight loss	Significant unexplained weight loss
Abd mass, tenderness	Abdominal tenderness and/or small abdominal mass or fullness
Toxic appearance	No
Lab tests (if available)	Significant anemia, hypoalbuminemia, and/or elevation in inflammatory markers

SEVERE DISEASE	In the past week, the patient has had severe (or combinations of moderate and severe) recurring or persistent symptoms thought to be due to IBD
Abdominal pain	Severe abdominal pain thought to be secondary to IBD
Diarrhea, bloody stools	Significant diarrhea that could include nocturnal diarrhea and gross inflammatory bleeding thought to be secondary to IBD
Fatigue	Significant fatigue thought to be secondary to IBD
Activity	Severe impairment of normal activities due to fatigue or other symptoms
Fistula	Active fistula or other perianal disease in combination with other symptoms
Weight loss	Significant unexplained weight loss
Abd mass, tenderness	Abdominal mass and/or tenderness
Toxic appearance	Appears toxic
Lab tests (if available)	Significant anemia, hypoalbuminemia, and/or elevation in inflammatory markers