APPLYING THE SCIENCE OF PAIN TO TREATMENT DECISIONS

Saturday, May 4, 2019
1:10 PM - 2:10 PM

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Co-Provided by:
USF HEALTH   CME Outfitters

#RX4Pain
Evaluating patients with acute and chronic pain can be daunting, as the nervous system is complex. Appropriate prescribing for acute and chronic pain in the midst of the opioid epidemic requires that front-line prescribers have a strong knowledge of pain pathways and underlying mechanisms to optimize treatment decision-making.

This CME Outfitters symposium will integrate 3-D modeling to bring pain mechanisms to life in order to promote a better understanding of evolving pain management strategies. Faculty will provide best practice strategies for the clinical assessment and management of acute and chronic pain aligned to supporting evidence and recommendations to guide safe and effective pharmacological and non-pharmacological treatment choices.

LEARNING OBJECTIVES

- Apply knowledge of acute and chronic pain pathways and underlying mechanisms to clinical assessment and appropriate management of pain.
- Upon evaluation of current clinical workflow for opioid prescribing, incorporate two best practice strategies to optimize safe and competent prescribing and minimize potential for abuse and diversion.
- Educate patients about their pain to optimize safe and effective, multimodal treatment plans.

The following learning objectives pertain only to those requesting CNE or CPE credit:

- Describe how acute and chronic pain pathways and underlying mechanisms apply to clinical assessment and appropriate management of pain.
- Identify best practice strategies to optimize safe and competent prescribing and minimize potential for abuse and diversion.
- Explain how to educate patients about their pain to optimize safe and effective, multimodal treatment plans.

ACCREDITATION INFORMATION

CME Credit (Physicians): USF Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. USF Health designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AANP Credit (American Association of Nurse Practitioners): This activity is approved for 1.0 contact hours of continuing education (which includes 0.25 hours of pharmacology) by the American Association of Nurse Practitioners. Activity ID 19023590. This activity was planned in accordance with AANP Accreditation Standards and Policies.

AAPA Credit (American Academy of PAs): This activity has been reviewed and approved by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credits. Approval is valid for 1 year from 05/04/19. PAs should only claim the number of credits earned commensurate with the extent of their participation.

ABIM/MOC Credit: MOC Points available for Internal Medicine and General Medicine Board Certified Physicians.

CPE Credit (Pharmacists): CME Outfitters, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This activity is approved for 1 contact hour (0.10 CEU).

CBRN Credit (Nurses): Providers approved by the California Board of Registered Nursing, Provider Number CEP 15510, are eligible for continuing education credit. Provider approved by the California Board of Registered Nursing for 1 contact hour.

MIPS Improvement Activity: This activity counts towards MIPS Improvement Activity requirements under the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA). Participants should submit their improvement activities by self-report via the CMS Quality Payment Program website.

CERSH Credit (Nurses): Provider approved by the California Board of Registered Nursing, Provider Number CEP 15510, for 1 contact hour.

Dental CE (Dentists): USF Health is an approved provider of continuing education credits for Dental licensees by the Florida Board of Dentistry. This activity has been reviewed and approved for up to 1 contact hour. Licensee numbers are required prior to the issuance of certificates for Florida dentists.

For more information about ACCME accreditation and ABIM MOC for this activity, please email cpdsupport@health.usf.edu.

Within 60 days of the end of the activity, ABIM MOC Points will be reported on your behalf.

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Learning Format: Live activity

By providing your ABIM number, you consent to have CME Outfitters and/or our educational partners submit your participation in this activity to the ABIM through the ACCME IRIS system.

For more information on this symposium as well as a list of various dates & locations for our other PAINWeekEND Medical Meetings please visit www.CMEOutfitters.com/RX4Pain or scan the QR code on the right.

#RX4Pain
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BIOGRAPHY
Dr. Atchison is Chair of the Department of Physical Medicine and Rehabilitation at the Mayo Clinic in Jacksonville, Florida, where he holds a joint appointment with the Department of Neurologic Surgery. Dr. Atchison specializes in the evaluation and treatment/rehabilitation of non-operative spine problems and in comprehensive chronic pain management.

He received his Doctor of Osteopathic Medicine degree from Ohio University College of Osteopathic Medicine in Athens, Ohio, followed by an internship in internal medicine at Cuyahoga Falls General Hospital in Cuyahoga Falls, Ohio. He then completed his Physical Medicine and Rehabilitation residency at The Ohio State University in Columbus, Ohio.

Dr. Atchison is a nationally recognized teacher and researcher, and has spent his entire career providing Physical Medicine and Rehabilitation care at academic medical institutions, including the University of Kentucky, University of Florida, Northwestern University, and the Mayo Clinic. In 2010, Dr. Atchison was presented with the American Academy of Physical Medicine and Rehabilitation Distinguished Clinician Award.

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It is the policy of USF Health and CME Outfitters, LLC, to ensure independence, balance, objectivity, and scientific rigor and integrity in all of their CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CE activity. CME Outfitters, LLC, has evaluated, identified, and attempted to resolve any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process. The following information is for participant information only. It is not assumed that these relationships will have a negative impact on the presentations.

Dr. Atchison served as a consultant for Pfizer Inc. (Review of Grants for Global Advancement for the study of chronic pain)
Jeffrey Helfand, DO (peer reviewer) has no disclosures to report.
Mae Ochoa, RPh (peer reviewer) has no disclosures to report.
Jan Perez (planning committee) has no disclosures to report.
Sharon Tordoff (planning committee) has no disclosures to report.
Disclosures were obtained from the CME Outfitters, LLC staff:
No disclosures to report.
Disclosures were obtained from the USF Health staff:
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OBTAINING CREDIT
Learners must complete the pre-survey at the meeting and turn it in to the CME Outfitters staff. A post-test and evaluation must be completed by paper OR use the credit link that will be sent to you after the meeting to apply for credit.

DOWNLOADABLE RESOURCES
Downloadable resources will be available at www.CMEOutfitters.com/RX4PainResources