

MIPS Improvement Activity + Earn ABIM MOC Credit

ADDRESSING THE OPIOID EPIDEMIC:

A CALL TO ACTION TO SAVE OUR COMMUNITIES

Wednesday, April 10, 2019

Lunch: 12:00 PM | Symposium: 12:15 PM – 1:15 PM

Terrace II | Pennsylvania Convention Center

www.CMEOutfitters.com/OpioidCTA



Co-Provided by:



#RX4Pain

*This symposium is not a part of the official Internal Medicine Meeting
2019 Education Program.*



ADDRESSING THE OPIOID EPIDEMIC: A CALL TO ACTION TO SAVE OUR COMMUNITIES



AGENDA

Lunch: 12:00 PM

Symposium: 12:15 PM to 1:15 PM

FACULTY



Mark S. Gold, MD (Chairman)

Washington University School of Medicine
St. Louis, MO

17th University of Florida Distinguished Alumni Professor
Gainesville, FL



Steven P. Stanos, DO

Swedish Health System
Pain Medicine and Services
Seattle, WA

Immediate Past President
American Academy of Pain Medicine

TARGET AUDIENCE

Physicians, dentists, physician assistants, nurse practitioners, nurses, and pharmacists

COMMERCIAL SUPPORT

Supported by an educational grant from Johnson & Johnson

SYMPOSIUM INFORMATION

For more information on this symposium visit
www.CMEOutfitters.com/OpioidCTA
or scan the QR code on the right.



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LEARNING OBJECTIVES

- Recognize the growing burden of the opioid epidemic and the role of all stakeholders in addressing the opioid epidemic in their community.
- Apply knowledge of acute and chronic pain pathways and underlying mechanisms to clinical assessment and appropriate management of pain.
- Upon evaluation of current clinical workflow for opioid prescribing, incorporate two best practice strategies to optimize safe and competent prescribing and minimize the potential for abuse and diversion.
- Educate patients about their pain to optimize safe and effective, multimodal treatment plans.

The following learning objectives pertain only to those requesting CNE or CPE credit:

- Recognize the growing burden of the opioid epidemic and the role of all stakeholders in addressing the opioid epidemic in their community.
- Explain acute and chronic pain pathways and underlying mechanisms and how they relate to clinical assessment and appropriate management of pain.
- Describe two best practice strategies to optimize safe and competent prescribing and minimize the potential for abuse and diversion.
- Educate patients about their pain to optimize safe and effective, multimodal treatment plans.

ACCREDITATION INFORMATION

CME Credit (Physicians): USF Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

USF Health designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Note to Physician Assistants: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by the Accreditation Council for Continuing Medical Education.

Dental CE (Dentists): USF Health is an approved provider of continuing education credits for Dentist licensees by the Florida Board of Dentistry. This activity has been reviewed and approved for up to 1 contact hour. Licensee numbers are required prior to the issuance of certificates for Florida dentists.

Non-Florida participants are responsible for applying to their state licensing organization to convert their Florida Board of Dentistry certificate to meet state requirements

AAFP Credit (Family Physicians): This Live activity, Addressing the Opioid Epidemic: A Call to Action to Save Our Communities, with a beginning date of 04/10/2019, has been reviewed and is acceptable for up to 1.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CBRN Credit (Nurses): Provider approved by the California Board of Registered Nursing, Provider Number CEP 15510, for 1 contact hour.

Note to Nurse Practitioners and Clinical Nurse Specialists: the content of this activity pertains to pharmacology. Earn up to 1 contact hour of pharmacotherapeutic contact hours.


ABIM MOC Credit: MOC Points available for Internal Medicine and General Medicine Board Certified Physicians. Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1 Medical Knowledge MOC point in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC Points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Within 60 days of the end of the activity, ABIM MOC Points will be reported on your behalf. For information about ACCME accreditation and ABIM MOC for this activity, please email cpdsupport@health.usf.edu.

Learning Format: Live activity

By providing your ABIM number, you consent to have CME Outfitters and/or our educational partners submit your participation in this activity to the ABIM through the ACCME PARS system.

CPE Credit (Pharmacists): CME Outfitters, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. 1 contact hour (0.10 CEU)

 Universal Activity #: 0376-0000-19-014-L01-P

Type: Knowledge-based

MIPS Improvement Activity: This activity counts towards MIPS Improvement Activity requirements under the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA). Clinicians should submit their improvement activities by attestation via the CMS Quality Payment Program website.

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**Mark S. Gold, MD
(Chairman)**

ASAM's Annual Lifetime Achievement John P. McGovern Award & Prize winner
Adjunct Professor of Psychiatry
Washington University School of Medicine
St. Louis, MO
17th University of Florida Distinguished Alumni Professor
Gainesville, FL

BIOGRAPHY

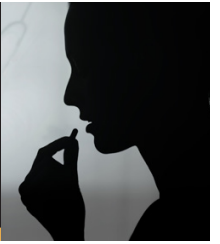
Dr. Gold is a teacher of the year, translational researcher, author, mentor and inventor best known for his work on the brain systems underlying the effects of opiate drugs, cocaine, and food. He has worked as an Advisor to many White House Drug Czars, White House's, NIDA and NIMH Directors over his 40+ year career. He is an author and inventor who has published over 1,000 peer-reviewed scientific articles, texts, and practice guidelines. This pioneering work started with detoxification studies using clonidine and lofexidine as a non-opiate detox followed by oral naltrexone at Yale in the late 70s and continued at the University of Florida. Dr. Gold has translated opioid studies using mouse, rat, non-human primate models before developing his opioid withdrawal hypothesis with his Yale colleagues. He then led the first studies to demonstrate non-opioid treatment efficacy for alpha-2 agonists. He also led rapid detoxification and clonidine to naltrexone studies in the late 70s and early 80s. Dr. Gold, trying to find patients who would take oral naltrexone, began his studies of Impaired Health Professionals and employees in health and safety occupations.

Gold has been awarded a number of national awards for his research including the Lifetime Achievement Award of the National Association of Addiction Treatment Professionals, Foundations Fund Prize (APA), PRIDE Lifetime Achievement Award, DEA 30 Years of Service Pin, the McGovern Award for Lifetime Achievement (ASAM-ABAM 2015), National Leadership Award (NAATP), DARE Lifetime Achievement Award, Public Relations Society's Silver Anvil Award, China Academy of Sciences, and DARE awards for his career in research and prevention (2015). More recently, he received the PATH Foundation's Lifetime Achievement Award (2016) as one of the "fathers" of addiction medicine presented to him by President Obama's White House Drug Czar Michael Botticelli. He was awarded Distinguished Alumni Awards at Yale University, University of Florida, and Washington University in St. Louis and the Wall of Fame at the U.F. College of Medicine.

Gold was a Professor, Eminent Scholar, Distinguished Professor, Distinguished Alumni Professor, Chairman, Emeritus Eminent Scholar during his 25 years at the University of Florida. His work is widely cited by his peers. It includes citation classics in cocaine neurobiology, opioid addiction neurobiology and treatment, and food, and process addictions. He proved cocaine was misclassified as safe or the champagne of drugs, leading to revision in the DSM-III and diagnosis of addiction. He has been called a groundbreaking researcher, father of medication-assisted recovery, the first to translate rat experiments into theory and treatments for human addicts, and mentor of the next generation of addiction researchers and clinicians. Working closely with Bart Hoebel at Princeton University, Dr. Gold helped develop the food addiction theory he posited in the 80s. With Nicole Avena, he worked on sugar self-administration models for hedonic overeating and developed new treatments for overeating and obesity. Kelly Brownell and Dr. Gold's Oxford University Press's Food Addiction has been widely recognized as groundbreaking. While working on food and drug-like reinforcement systems has been an important part of his work for 30 years, he has also worked on dual disorders, Anorexia and Bulimia Nervosa. Dr. Gold worked closely with Al Rhoton and Bill Luttge to establish the UF Brain Institute. He was an original member of the McKnight Brain Institute and Director working to develop programs in Psychiatry, Addiction, Neurology, and Neurosurgery.

Since his retirement as a Director of the McKnight Brain Institute, Chairman, Distinguished Professor, and a full-time academic in 2014, Dr. Gold has continued his teaching, mentoring, research, and writing. He finished his 5 year State Department grant on opium smokers and the effects of second- and third-hand opium on children in Afghanistan. He has worked on de novo clinical addiction programs at the Medical College of Georgia, Northwestern, U.F. and Tulane Lakeview Health. Dr. Gold regularly lectures at National & International Meetings, Medical Societies, Grand Rounds around the USA and at international and national scientific meetings on his career, bench-to-bedside science in eating disorders, obesity, and addictions. Recently, he

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has given a Keynote speech at at the National Opioid Summit, Florida Opioid Summit, and for the DEA-DOJ. He speaks regularly at Medical Schools across the USA recently at Yale University, Mayo Clinic, Tulane, Washington University in St. Louis, Stanford, U Conn, UCSF, Emory, Harvard-McLean-Borden Cottage, and UNC. He has given recent Keynote Addresses at American College of Psychiatrists, CADCA, ASAM, NAATP, APA, and Biological Psychiatry as well as a many State, Medical, and Psychiatric Associations dealing with the opioid epidemic.

He is an Adjunct Professor in the Department of Psychiatry at Washington University and an active member of the Clinical Council at the Washington University School of Medicine's Public Health Institute. He has Wash U mentees and works with them regularly. He is the Director of Research for the DEA Educational Association, working closely with DEA and moderating their quarterly educational events broadcast from DEA Headquarters around the world.

His principal research interests include novel IBD therapies and outcomes, colon cancer prevention, and clinical medical ethics.



Steven P. Stanos, DO
Swedish Health System
Pain Medicine and Services
Seattle, WA
Immediate Past President,
American Academy of Pain Medicine

BIOGRAPHY

Dr. Stanos currently serves as Medical Director of Swedish Health System Pain Medicine and Services in Seattle, Washington. Besides directing pain management services for the hospital system, he also leads Swedish's pain rehabilitation center, Functional Restoration, an integral part of the pain medicine continuum of care. In addition to his work with Swedish Health System, he is active with committees work at Providence St. Joseph Health related to the system integration of pain management including primary and specialty care. Prior to joining Swedish and Providence, he served as medical director of the Center for Pain Management at the Rehabilitation Institute of Chicago (RIC) Northwestern University Medical School from 2002-2014, serving as an Assistant Professor at Northwestern University Feinberg School of Medicine and program-co chair of the multidisciplinary pain fellowship. He is board certified in physical medicine and rehabilitation and pain medicine by the American Board of Pain Medicine and by the American Board of Anesthesia.

Dr. Stanos is the Immediate Past President of the American Academy of Pain Medicine and serves on the Board of Directors of the American Board of Pain Medicine. He served as a panel member on the Service Delivery and Reimbursement work group for the National Pain Strategy an invited consultant to the CDC for the CDC Opioid Guideline for Prescribing Opioids for Chronic Pain, and work group member for Healthy People 2020 and Healthy People 2030. He is active with the American Academy of Physical Medicine and Rehabilitation and has served as the co-chair of education for the Pain and Neuromuscular Council.

Dr. Stanos' work also includes ongoing educational initiatives for primary care, pain medicine, and physical medicine specialists around the United States and abroad. Dr. Stanos has published numerous scientific articles and book chapters related to pain management. Steven has been involved in the development and publication of treatment guidelines related to rehabilitation approaches for chronic pain and low back pain conditions and serves as on the editorial board for the journal *Pain Medicine* and as a reviewer for other pain and rehabilitation journals.

A Mayday Foundation Advocacy fellow in 2013, his advocacy has continued to focus on increasing awareness and access for inter-disciplinary biopsychosocially-based pain care for those patients suffering with chronic pain. In 2014, the University of Washington Department of Pain Medicine awarded Dr. Stanos with the John J. Bonica, MD lecture. He has appeared on CNN, National Public Radio, Fox News, regional print and television news on various topics related to pain medicine and pain rehabilitation.

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Dr. Gold has no disclosures to report.

Dr. Stanos receives research support from Grünenthal and serves as a consultant for SCILEX Pharmaceuticals, Inc.

Jeffrey Helfand, DO (peer reviewer) has no disclosures to report.

Mae Ochoa, Rph (peer reviewer) has no disclosures to report.

Jan Perez (planning committee) has no disclosures to report.

Sharon Tordoff (planning committee) has no disclosures to report.

Disclosures were obtained from the CME Outfitters, LLC staff: No disclosures to report.

Disclosures were obtained from the USF Health staff: No disclosures to report.

CME Outfitters, LLC, USF Health, and the faculty do not endorse the use of any product outside of the FDA labeled indications. Medical professionals should not utilize the procedures, products, or diagnosis techniques discussed during this activity without evaluation of their patient for contraindications or dangers of use.

OBTAINING CREDIT

Learners must complete the posttest and evaluation on the iPads. CME Outfitters will email their certificates within 30 days to the email provided upon login to the digital array system.

DOWNLOADABLE RESOURCES

Downloadable resources will be available at
www.CMEOutfitters.com/OpioidCTAResources



This symposium will be available as a web replay beginning **May 24, 2019**, please check www.CMEOutfitters.com for more information on that date.

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INSTRUCTIONS FOR INTERACTIVE TECHNOLOGY

If you would like to use your tablet or mobile device to answer polling questions, view the onsite presentations, and submit questions to the faculty, please follow the instructions below:

1. Get Connected

- Please connect to the CME Outfitters network with your mobile device or laptop. This network does not have a password.
*** Please note that this network is a local network and does NOT mean you're connected to the internet.**
- Once you have joined the network, go to **arraylearn.com**.
- You are now connected to the symposium. All content and polling questions can be viewed on your device as long as you are connected to the above listed network.

2. Ask a Question to the Faculty

- Please click on “**Ask a Question**” and type your question. Please include the faculty member's name if the question is specifically for them. Your question will be sent to the faculty for the question and answer portion of the session.

3. View and Take Notes on Presentation Slides

- Please click on the “**Take a Slide Note**” button. If you did not enter your email address when you joined the meeting, you will be required to do so for note taking. When the meeting is complete, all your notes will be emailed to you within 5 business days.

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THANK YOU FOR JOINING US TODAY!

