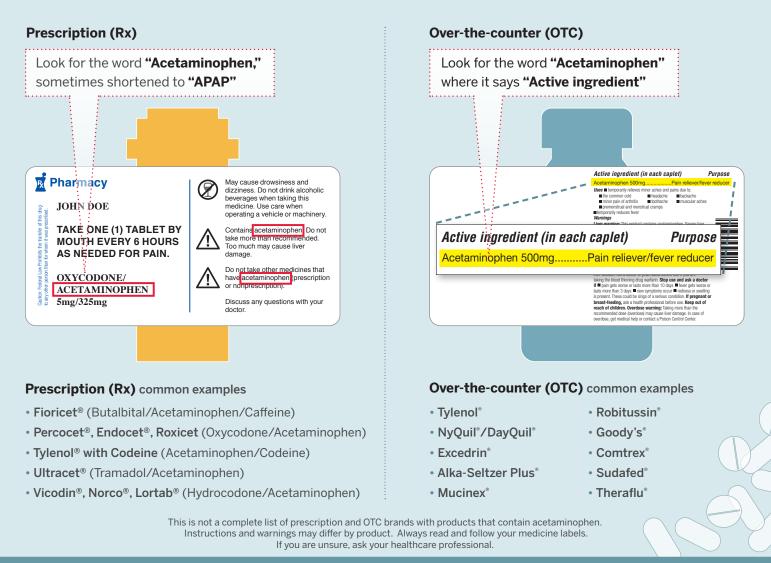
Think medicine safety when Taking an Rx that contains acetaminophen

What to know

Acetaminophen is an active ingredient in **more than 500** prescription (Rx) and over-the-counter (OTC) medicines. When taken as directed, acetaminophen is safe and effective. But if you take too much—more than 4,000 mg in 24 hours—that **could harm your liver.**

What you can do

1. Check the ingredients in your medicines. 2. Take ONLY 1 medicine that contains acetaminophen at a time. 3. Always read and follow the label warning, for example, "consult a physician if you have serious health conditions" or "Do not take with alcohol."





Write down all of the **Rx** and **OTC medicines**, **vitamins**, and **herbal supplements** you take. Bring the list and your bottles to your next visit.



If you have **any questions** about choosing or using OTC or prescription pain relievers, **talk with your healthcare professional**.

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