Think medicine safety when
Taking an Rx that contains acetaminophen

What to know
Acetaminophen is an active ingredient in more than 500 prescription (Rx) and over-the-counter (OTC) medicines. When taken as directed, acetaminophen is safe and effective. But if you take too much—more than 4,000 mg in 24 hours—that could harm your liver.

What you can do
1. Check the ingredients in your medicines. 2. Take ONLY 1 medicine that contains acetaminophen at a time. 3. Always read and follow the label warning, for example, “consult a physician if you have serious health conditions” or “Do not take with alcohol.”

Prescription (Rx)
Look for the word “Acetaminophen,” sometimes shortened to “APAP”

Over-the-counter (OTC)
Look for the word “Acetaminophen” where it says “Active ingredient”

Prescription (Rx) common examples
- Fioricet® (Butalbital/Acetaminophen/Caffeine)
- Percocet®, Endocet®, Roxicet (Oxycodone/Acetaminophen)
- Tylenol® with Codeine (Acetaminophen/Codeine)
- Ultracet® (Tramadol/Acetaminophen)
- Vicodin®, Norco®, Lortab® (Hydrocodone/Acetaminophen)

Over-the-counter (OTC) common examples
- Tylenol®
- NyQuil®/DayQuil®
- Excedrin®
- Alka-Seltzer Plus®
- Mucinex®
- Robitussin®
- Goody’s®
- Comtrex®
- Sudafed®
- Theraflu®

This is not a complete list of prescription and OTC brands with products that contain acetaminophen. Instructions and warnings may differ by product. Always read and follow your medicine labels. If you are unsure, ask your healthcare professional.

Write down all of the Rx and OTC medicines, vitamins, and herbal supplements you take. Bring the list and your bottles to your next visit.

If you have any questions about choosing or using OTC or prescription pain relievers, talk with your healthcare professional.

Find dosage charts, quizzes, and videos at GetReliefResponsibly.com
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