



FREE Digital Health Tools for You – *and* Your Patients!

CONGRATULATIONS! As part of your participation in this activity, you now have access to two highly effective and time-saving digital tools:

For YOU:

Get a 30-day subscription to free e-consultations with Board-certified specialists in 70+ specialty areas. E-consults referrals can assist with insights about diagnosis and treatment recommendations with challenging cases and have been shown to replace >73% of routine specialty referrals.



Sign up today by scanning the QR code or visit CMEOutfitters.com/digitalhealthtools/

For YOUR PATIENTS:

Supporting patients outside of the clinic is challenging. Wouldn't it be great if they had their own personal coach? We can help with that! Pair your patients with a non-clinical health advisor to provide them with the support they need between visits. Our Digital Health Advisors are trained to support, promote adherence to their treatment plan, and provide education about their disease via weekly phone calls, emails, text messages, and video content - completely personalized to their lifestyles and goals! We have programs available for patient with

- Non-valvular atrial fibrillation
- Rheumatoid arthritis
- Psoriasis
- Inflammatory bowel disease



Simply scan the QR code or visit packhealth.com/cmeoutfitters/ and click "Get Started"



**Check out our
NEW activities
on the other side!**

Addressing the Opioid Epidemic: A Call to Action to Save Our Communities

NEW CME/CE Education

Learn how to best treat and manage patients with pain and better understand pain and treatment options with these 15-20 minute CME Snacks. Earn credit FAST!



Understanding the Big Picture of Pain and Pain Assessment

The key to pain management is helping patients function better so that they can return to doing the things they enjoy. Learn pain assessment tools and risk stratification to augment top-down inhibition of pain and reduce catastrophic reaction in patients with chronic pain.

Participate Now: www.cmeoutfitters.com/CM28478



Providing the Right Expectations: Understanding the Pathophysiology of Pain

Knowing which type of pain the patient is experiencing – neuropathic, nociceptive, or nociplastic – is the best guide for where clinicians should focus their medication choices. Learn the pathophysiology of pain and the underlying mechanisms to guide assessment and appropriate management.

Participate Now: www.cmeoutfitters.com/CM28479



The Role that Gender Plays in Pain Perception, Treatment, and Addiction

Gender plays an important role in pain, pain reception, and opioid use. Learn how gender affects a patient's proclivity to substance abuse disorders and engagement in treatment, as well as the emotional components that are often underlying causes of addiction.

Participate Now: www.cmeoutfitters.com/CM28480



Shifting Perspectives on Pain Management in Oral Surgery

There are several risk factors for opioid misuse in dental patients, including young age, the pre-opioid epidemic standard of practice of prescribing opioids as a first-line treatment, and patients being prescribed a high number of tablets. Learn how to find a balance between compassion for patient care and patient safety.

Participate Now: www.cmeoutfitters.com/CM28481



How PAs are Improving Skill Sets to Approach Opioid Use

In a 2017 survey of PAs clinical practice, PAs are not only prescribing Schedule II and III drugs but are managing patients with pain in their practices. Learn the importance of gathering comprehensive patient histories that include substance use information, listening to patient stories, and the wellness component of treating patients with pain.

Participate Now: www.cmeoutfitters.com/CM28489



Managing the Complexity of Chronic Pain in the Primary Care Setting

Primary care physicians are responsible for approximately 50% of opioid prescriptions and need to incorporate best practice strategies to optimize safe and competent prescribing, therefore minimizing potential for abuse and diversion. Learn how PCPs and their patients can make informed decisions together.

Participate Now: www.cmeoutfitters.com/CM28490



New Perspectives and Approaches from Orthopedic Surgeons for the Management of Acute Pain

Orthopedic surgeons' prescribing of opioids is disproportionate to the size of their specialty. To meet the pain needs of patients and minimize opioid prescribing, the Orthopedic Trauma Association has released new acute pain guidelines that emphasize precise prescribing within multimodal treatment plans. Participate now to learn more.

Participate Now: www.cmeoutfitters.com/CM28490



Fatal Attraction: Why are Opioids so Addicting?

There are a number of complex factors leading to addiction that include dose of opioids, duration of use, and route of administration—factors conspiring to make opioids among the most addicting drugs of abuse. Learn the biological underpinnings of opioid addiction and how to address the opioid epidemic in your community.

Participate Now: www.cmeoutfitters.com/CM28490

Opioid Education Hub

Featuring an array of activities and resources to provide education to both HCPs and patients alike on the underpinnings of pain, treatment alternatives, patient expectations, safe disposal of unused medications, and resources for loved ones of patients who are struggling with addiction or what to do in case of overdose.

www.cmeoutfitters.com/rx4pain



Check Out What You Get
FREE as part of this
activity on the other side!



Questions? Call 877.CME.PROS or
visit www.cmeoutfitters.com

