

Questions to Ask Your Healthcare Provider



Screening/Diagnosis of AFib

- Am I at risk for AFib?
- What can I do to prevent AFib?
- Do I need an ECG?
- What is causing my AFib?
- How is AFib diagnosed?
- What tests do I need to confirm a diagnosis?



Living with AFib

- How does AFib increase my health risks?
- Do I have other medical conditions that increase my risk of AFib?
- How can AFib affect my quality of life?
- Do I need to change my diet or avoid certain foods?
- Are there any physical precautions or limitations that I have because of my AFib?



Treatments

- What are my goals of treatment?
- What are my treatment options and their risks and benefits?
- Can I be treated with medications or do I need a procedure to correct my AFib?
- Do any of my current medications or medical conditions limit my treatment options?
- How do we decide which is the best treatment for me?
- Are there tests that I need before treatment or to monitor how well the treatment is working?
- How long will I have to be on treatment?
- Am I on the correct dose of my medication?
- What is my risk of bleeding when on anticoagulant medications?
- How much bleeding should cause me concern?
- Will these medications increase my risk of bleeding during colonoscopies?
- What happens if I decide against treatment or decide to stop treatment at some point?
- How often do I need to see you for follow-up?
- How can we work together to make sure I have the best clinical outcomes?
- Will there be any other specialists involved in my care?



Lifestyle modifications

- Are there any lifestyle modifications that I need to make to reduce my risk of stroke?
- Are there any lifestyle or dietary changes that I need to make regarding my treatment?
- Is there anything in particular that I need to share with my family/loved ones?
- How does obesity affect AFib?
- How does hypertension affect AFib?

Please call 877.CME.PROS (877.263.7767) with any questions, or visit www.cmeoutfitters.com.

Be sure to follow @cmeoutfitters on Twitter & Instagram and “like” us on Facebook for additional CE opportunities, healthcare news, discounts & giveaways, and more!