

Getting to the Gut of the Matter:

Closing the Gaps in Diagnosis,
Effective Treatment, and
Comprehensive Care
in IBS and CIC

**Doors open at 6:00 am
for breakfast**

*Supported by an educational grant from
Allergan and Ironwood Pharmaceuticals*

Quality Payment Program
+ Earn ABIM MOC Credit

Saturday, June 2, 2018 / The Marriott Marquis / Liberty Ballroom / #IBSCIC

www.cmeoutfitters.com/IBSCIC

This program is not affiliated with Digestive Disease Week®.

Provided by **CME
Outfitters** 

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AGENDA

6:00 am Breakfast Begins
6:30 am Presentation Begins

FACULTY / PATIENT PANELIST



Brooks D. Cash, MD, AGAF, FACG, FACP, FASGE (Moderator)

University of Texas Health Science Center at Houston
University of Texas McGovern Medical School
Houston, TX



William D. Chey, MD, AGAF, FACG, FACP

Michigan Bowel Control Program
University of Michigan Health System
Ann Arbor, MI



Kareen Turner, MPH, RD

Healthcare Leader / Speaker / Writer
Murrieta, CA

TARGET AUDIENCE

Gastroenterologists, physicians, physician assistants, nurse practitioners, nurses, and pharmacists who treat patients with IBS

COMMERCIAL SUPPORT STATEMENT

Supported by an educational grant from Allergan and Ironwood Pharmaceuticals

SYMPOSIUM DETAILS

For more information on this symposium and to pre-register visit www.cmeoutfitters.com/IBSCIC or scan the QR code on the right.



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LEARNING OBJECTIVES

- Improve the diagnostic accuracy of IBS and CIC through patient queries, patient-centered communication, and use of diagnostic tools.
- Apply evidence-based treatment strategies for symptomatic relief of IBS and CIC in patients experiencing residual symptoms after initial dietary and OTC approaches fail.
- Promote collaborative care strategies that facilitate comprehensive management of IBS and CIC, including early initiation of care and optimal long-term management.

The following learning objectives pertain only to those requesting CNE or CPE credit:

- Explain the diagnostic accuracy of IBS and CIC through patient queries, patient-centered communication, and use of diagnostic tools.
- Describe evidence-based treatment strategies for symptomatic relief of IBS and CIC in patients experiencing residual symptoms after initial dietary and OTC approaches fail.
- Explain collaborative care strategies that facilitate comprehensive management of IBS and CIC, including early initiation of care and optimal long-term management.

ACCREDITATION

CME Credit (Physicians): CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE Credit (Nurses): Provider approved by the California Board of Registered Nursing, Provider Number CEP 15510, for 1.25 contact hours.

Note to Nurse Practitioners and Clinical Nurse Specialists: the content of this activity pertains to pharmacology. Earn up to 1.25 contact hours of pharmacotherapeutic contact hours.



CPE Credit (Pharmacists): CME Outfitters, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. 1.25 contact hours (0.125 CEUs) Universal Activity Number: 0376-0000-18-013-L01-P Type: knowledge-based

ABIM/MOC Credit: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

QUALITY PAYMENT PROGRAM

This activity counts towards MIPS Improvement Activity requirements under the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA). Clinicians should submit their improvement activities by attestation via the CMS Quality Payment Program website.

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Brooks D. Cash, MD, AGAF, FACG, FACP, FASGE (Moderator)

Chief, Division of Gastroenterology, Hepatology, and Nutrition
University of Texas Health Science Center at Houston
Visiting Professor of Medicine
University of Texas McGovern Medical School
Houston, TX

BIOGRAPHY

Dr. Cash is the Chief of the Division of Gastroenterology, Hepatology, and Nutrition at the University of Texas Health Science Center at Houston, where he is also a Professor of Medicine at the University of Texas McGovern Medical School. Dr. Cash served for 24 years in the United States Navy, retiring in 2013 at the rank of Captain. He was stationed primarily at Bethesda Naval Hospital and the Walter Brooks D. Cash, MD, is the Chief of the Division of Gastroenterology, Hepatology, and Nutrition at the University of Texas Health Science Center at Houston, where he is also a Professor of Medicine at the University of Texas McGovern Medical School. Dr. Cash served for 24 years in the United States Navy, retiring in 2013 at the rank of Captain. He was stationed primarily at Bethesda Naval Hospital and the Walter Reed National Military Medical Center, where he was Chief of Gastroenterology, Chief of Medicine, and finally Deputy Commander for Medicine at both institutions. He also holds an appointment as a Professor of Medicine at the Uniformed Services University of the Health Sciences in Bethesda, MD.

Dr. Cash received his undergraduate degree in Business Administration (Finance) with Honors from the University of Texas in Austin. He earned his medical degree from the Uniformed Services University of Health Sciences in Bethesda, MD, and completed his internship, residency, and gastroenterology fellowship at the Bethesda Naval Hospital.

He is a Diplomat of the American Board of Gastroenterology and a Fellow of the ACP, ACG, AGA, and ASGE. He has chaired numerous professional society committees as has been course director for national and regional ACG Postgraduate meetings. Dr. Cash has served on the Rome Committee for Functional Gastrointestinal Disorders and has authored over 150 articles and book chapters on a wide variety of gastrointestinal topics to include irritable bowel syndrome and chronic constipation, opioid induced constipation, colorectal cancer screening, CT colonography, acid-peptic disorders, Barrett's esophagus, medical education techniques, and evidence-based medicine. He serves as an Associate Editor for the *American Journal of Gastroenterology*, is an editorial board member and reviewer for multiple internal medicine and gastroenterology medical journals and is a sought-after lecturer at national and international scientific meetings.

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William D. Chey, MD, AGAF, FACG, FACP

Timothy T. Nostrant Collegiate Professor
of Gastroenterology
Director, GI Physiology Laboratory
Director, Digestive Disorders Nutrition & Behavioral Health Program
Medical Director, Michigan Bowel Control Program
Departments of Internal Medicine and Nutritional Sciences
University of Michigan Health System
Ann Arbor, MI

BIOGRAPHY

Dr. Chey received a medical degree & training in internal medicine at Emory University School of Medicine. He completed a fellowship in gastroenterology and has remained as faculty at the University of Michigan in Ann Arbor where he is currently the Timothy T. Nostrant Collegiate Professor of Gastroenterology & Nutrition Sciences.

His research interests focus on the diagnosis & treatment of functional bowel disorders and *H. pylori* infection. He is a medical innovator and holds 3 patents. He co-founded "My Total Health" (<https://mygihealth.io/>), a company developing novel health information technology solutions for persons with GI problems. Dr. Chey has authored more than 300 manuscripts, reviews, chapters & books. Dr. Chey is a member of the Board of Trustees of the American College of Gastroenterology, Board of Directors of the Rome Foundation, and Council of the American Neurogastroenterology & Motility Society. He is Chief Scientific Advisor for the International Foundation of Functional GI Disorders.

He has been elected to "Best Doctors" since 2001 and received the Dean's Outstanding Clinician Award at the University of Michigan and the Distinguished Clinician Award from the American Gastroenterological Association.



Karen Turner, MPH, RD (Patient Panelist)

Healthcare Leader / Speaker / Writer
Murrieta, CA

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DISCLOSURE DECLARATION

It is the policy of CME Outfitters, LLC, to ensure independence, balance, objectivity, and scientific rigor and integrity in all of their CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CE activity. CME Outfitters, LLC, has evaluated, identified, and attempted to resolve any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process. The following information is for participant information only. It is not assumed that these relationships will have a negative impact on the presentations.

Dr. Cash disclosed that he is on the speakers bureau for Allergan; Salix Pharmaceuticals; and Synergy Pharmaceuticals Inc. He is a consultant for Allergan; IM HealthScience; Shire; and Synergy Pharmaceuticals Inc.

Dr. Chey disclosed that he receives grants from Biomerica, Inc.; Ironwood Pharmaceuticals, Inc.; Nestle; and Vibrant Pharma Inc. He is a consultant for Allergan; Biomerica, Inc.; IM HealthScience; Nestle; Outpost Medicine; Prometheus Laboratories Inc.; QOL Medical; Ritter Pharmaceuticals; Salix Pharmaceuticals; and Valeant.

Karen Turner, MPH, RD (patient panelist) has no disclosures to report.

Jeffrey Helfand, DO, MS (peer reviewer) has no disclosures to report.

Mae Ochoa, RPh (peer reviewer) has no disclosures to report.

Sharon Tordoff (planning committee) has no disclosures to report.

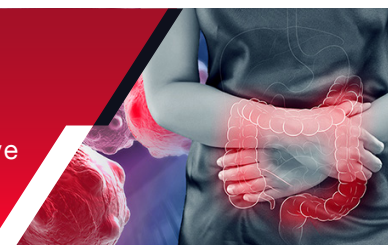
Jan Perez (planning committee) has no disclosures to report.

Disclosures were obtained from the CME Outfitters, LLC staff:
No disclosures to report.

Faculty of this CE activity may include discussions of products or devices that are not currently labeled for use by the FDA. The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices.

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OBTAINING CREDIT

In order to receive credit, please complete the evaluation/credit request form found on your table and turn them in to the CME Outfitters staff on your way out. Don't forget: If claiming ABIM MOC credit, please write ABIM # on your form.

DOWNLOADABLE RESOURCES

Downloadable resources will be available at www.CMEOutfitters.com/IBSCICresources



CLAIM YOUR ABIM MOC CREDIT

In 3 Simple Steps

1. Actively participate in the meeting by responding to ARS and/or asking the faculty questions
(It's ok if you miss answering a question or get them wrong, you can still claim MOC)
2. Complete the evaluation form found on your tables
(For live stream participants, follow the credit claim link)
3. Be sure to fill in your ABIM ID number and DOB (MM/DD) on the evaluation, so we can submit your credit to ABIM.



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QUALITY PAYMENT PROGRAM IMPROVEMENT ACTIVITY

4 Steps for Completion

1. Actively participate in the meeting by responding to ARS and/or asking the faculty questions
(It's ok if you miss answering a question or get them wrong)
2. Complete both
 - The evaluation form found on your table
 - The MIPS Improvement Activity form found on your table
3. Over the next 90 days, actively work to incorporate improvements in your clinical practice from this presentation
4. Complete the follow-up survey from CME Outfitters in approximately 3 months

We will then send you confirmation of your participation. To submit to CMS, clinicians must attest to their completion in a MIPS Improvement Activity.

GASTROENTEROLOGY DIGITAL HUB

Find free CE activities & resources necessary to optimize your approach to clinical care, as well as prior authorization (PA) activities & resources that will help the entire care team immediately improve the PA process to ensure consistent approvals that minimize administrative time & streamlines communications with payers.



www.cmeoutfitters.com/gastrohub

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INSTRUCTIONS FOR INTERACTIVE TECHNOLOGY

If you would like to use your tablet or mobile device to answer polling questions, view the onsite presentations, and submit questions to the faculty, please follow the instructions below:

1. Get Connected

- Please connect to the **CME Outfitters network** with your mobile device or laptop. This network does not have a password.
** Please note that this network is a local network and does NOT mean you're connected to the internet.*
- Once you have joined the network, go to **arraylearn.com**.
- **You are now connected to the symposium.** All content and polling questions can be viewed on your device as long as you are connected to the above listed network.

2. Ask a Question to the Faculty

- Please click on **"Ask a Question"** and type your question. Please include the faculty member's name if the question is specifically for them. Your question will be sent to the faculty for the question and answer portion of the session.

3. View and Take Notes on Presentation Slides

- Please click on the **"Take a Slide Note"** button. If you did not enter your email address when you joined the meeting, you will be required to do so for note taking. When the meeting is complete, all your notes will be emailed to you within 5 business days.

ENGAGE WITH US ON TWITTER!

Follow us on **@cmeoutfitters** for announcements about upcoming CME opportunities, health care news, and more! We will be live tweeting from today's symposium – tweet us your questions using **#IBSCIC**

THANK YOU FOR JOINING US TODAY

This symposium will be available as a **web replay beginning July 17, 2018**, please check **www.CMEOutfitters.com** for more information on that date.