

APRIL 21

THURSDAY Dinner Meeting: 6:00 – 8:00 PM

Moscone West Convention Center, Room 3014-3016 San Francisco, CA

Stepping in for Patients with Inflammatory Bowel Disease







INSTRUCTIONS FOR INTERACTIVE TECHNOLOGY

If you would like to use your tablet or mobile device to answer polling questions, view the onsite presentations, and submit questions to the faculty, please follow the instructions below:

1. Get Connected

- Please connect to the CME Outfitters network with your mobile device or laptop. This network does not have a password.
 - * Please note that this network is a local network and does NOT mean you're connected to the internet.
- Once you have joined the network, go to arraylearn.com
- You are now connected to the symposium. All content and polling questions
 can be viewed on your device as long as you are connected to the above listed
 network.

2. Ask a Question to the Faculty

 Please click on "Ask a Question" and type your question. Please include the faculty member's name if the question is specifically for them. Your question will be sent to the faculty for the question and answer portion of the session.

3. View and Take Notes on Presentation Slides

Please click on the "Take a Slide Note" button. If you did not enter your email
address when you joined the meeting, you will be required to do so for note
taking. When the meeting is complete, all your notes will be emailed to you
within 5 business days.

OBTAINING CREDIT

In order to receive credit, please complete all of the evaluation/test forms found on your table and turn them in to the CME Outfitters staff on your way out.

PRESENTATION SLIDES

Downloadable resources will be available at www.cmeoutfitters.com/IBDresources.





AGENDA

6:00 pm – 6:25 pm Registration/Buffet Dinner

6:25 pm – 6:30 pm Introductions and Learning Objectives

6:30 pm – 6:40 pm Complexities of IBD Progression

6:40 pm – 6:55 pm Differentiating IBD Therapies into Clinical

Decision Making

6:55 pm - 7:45 pm Innovations in IBD: Multidisciplinary, Personalized

Approach: The Medical Home Model

7:45 pm – 8:00 pm Q&A

FACULTY

Miguel Regueiro, MD, AGAF, FACG, FACP Moderator

Professor of Medicine and Professor, Clinical and Translational Science University of Pittsburgh School of Medicine Senior Medical Lead of Specialty Medical Homes University of Pittsburgh Medical Center IBD Clinical Medical Director Division of Gastroenterology, Hepatology, and Nutrition

Lawrence R. Kosinski, MD, MBA, AGAF, FACG

Managing Partner: Illinois Gastroenterology Group

Community Private Practice Councillor: AGA Governing Board

President: SonarMD, LLC

Elgin, IL

Pittsburgh, PA

Erin M. Lopata, PharmD

Manager, Clinical Pharmacy University of Pittsburgh Medical Center (UPMC) Health Plan Pittsburgh, PA

Eva Szigethy, MD, PhD

Associate Professor of Psychiatry, Pediatrics, and Medicine Director, Visceral Inflammation and Pain Center Division of Gastroenterology University of Pittsburgh Pittsburgh, PA



LEARNING OBJECTIVES

At the end of this CE activity, participants should be able to:

- Integrate the complexities of disease progression to facilitate decision making for patients with inflammatory bowel disease.
- Utilize a proactive, personalized approach weighing risk/benefit and cost when making decisions for patients with inflammatory bowel disease.
- Differentiate between mechanisms of action of therapies and how those differences translate to clinical decision-making in patients with inflammatory bowel disease.

TARGET AUDIENCE

Managed care medical directors, managed care pharmacists, and other managed care professionals making decisions for patients with IBD.

FINANCIAL SUPPORT

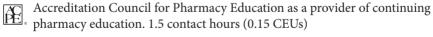
Supported by an educational grant from Takeda Pharmaceuticals U.S.A., Inc.

ACCREDITATION STATEMENTS

CME Credit (Physicians): CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit*(s)^{∞}. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CPE Credit (Pharmacists): CME Outfitters, LLC, is accredited by the



Universal Activity Number: 0376-0000-16-012-L01

Type: knowledge-based

There is no fee to participate in or claim CME/CE credit for this activity.

Questions? Call CME Outfitters at 877.CME.PROS





MIGUEL REGUEIRO, MD *Moderator*

University of Pittsburgh School of Medicine University of Pittsburgh Medical Center Pittsburgh, PA

Disclosures

Consultant: AbbVie Inc.; Janssen Pharmaceuticals, Inc.; Takeda Pharmaceuticals U.S.A., Inc.; UCB, Inc.

Biography

Dr. Regueiro earned his bachelor's degree at the University of Pennsylvania, his medical degree at Hahnemann University and completed his internal medicine internship and residency, and clinical and research fellowship training in gastroenterology at Harvard Medical School's Beth Israel Hospital.

Dr. Regueiro is Professor of Medicine at the University of Pittsburgh School of Medicine, Head of the Clinical Inflammatory Bowel Disease Program, and Co-Director of the Inflammatory Bowel Disease Center at the University of Pittsburgh Medical Center. He is also the Associate Chief for Education and former Director of the Gastroenterology, Hepatology, and Nutrition Fellowship Training Program at the University of Pittsburgh.

Dr. Regueiro's main clinical and research interest is inflammatory bowel disease (IBD), with a focus on Crohn's disease and ulcerative colitis. Dr. Regueiro has published extensively on the prevention and management of postoperative Crohn's disease and genotype-phenotype correlations in IBD. He is the principal investigator on several multi-center, international research trials and conducts clinical research that defines the natural course and phenotypes of inflammatory bowel disease. Dr. Regueiro has developed a multidisciplinary IBD Center that operates as a state-of-the-art clinic for patients with Crohn's disease and ulcerative colitis.

Dr. Regueiro has received several honors and holds membership in professional and scientific societies, including the Alpha Omega Alpha Honor Society, the Joan Komblum Memorial Prize for Excellence in Internal Medicine, the Clinical Investigator Training Award from Harvard/MIT Health Sciences, the Crohn's Colitis Foundation of America Physician of the Year, the National Research Excellence in GI disease award, numerous fellowship teaching awards, and American Gastroenterology Association and American College of Gastroenterology Fellowships. He is also a member and fellow of the American Gastroenterological Association, the American College of Gastroenterology, and the American College of Physicians. He is member of the Crohn's and Colitis Foundation of America (CCFA) and Co-Chair of CCFA's professional education committee. In addition, Dr. Regueiro has been an invited lecturer and keynote speaker for national and international seminars and has published many articles, reviews and abstracts in peer-reviewed gastroenterology journals.





LAWRENCE R. KOSINSKI, MD Illinois Gastroenterology Group SonarMD, LLC

Disclosures

Elgin, IL

Consultant: Takeda Pharmaceuticals U.S.A., Inc.

Biography

Dr. Kosinski has been in the practice of Gastroenterology since 1984. He is currently one of the managing partners of the Illinois Gastroenterology Group (IGG), the largest Gastroenterology practice in Illinois. He is also president of the Elqin Gastroenterology Endoscopy Center.

In addition to his medical practice, Dr. Kosinski is the Clinical Private Practice Councilor for the American Gastroenterological Association and serves on its Governing Board. Locally, he is a Member of the Advocate Sherman Hospital Roard of Directors

In January 2014, Dr. Kosinski started SonarMD, LLC; a technology company formed to bring the success of Project Sonar to a national presence.

Dr. Kosinski received his MD from Loyola University Stritch School of Medicine and earned his Masters of Management Degree (M.B.A.) from Northwestern University Kellogg School of Management in 1998.



ERIN M. LOPATA, PharmDUniversity of Pittsburgh Medical Center (UPMC) Health Plan Pittsburgh, PA

Disclosures

No disclosures to report.

Biography

Dr. Lopata is manager of clinical pharmacy at UPMC Health Plan in Pittsburgh, PA. During her time at UPMC Health Plan, Dr. Lopata has focused on specialty pharmacy initiatives, including formulary management and the development and implementation of care management programs for specialty populations. She received her PharmD from the University of Pittsburgh in 2008 and completed a PGY1 Managed Care Residency at UPMC Health Plan in 2009. She is an adjunct faculty member at the University of Pittsburgh School of Pharmacy and is the course coordinator for the Concepts of Managed Care elective. Dr. Lopata serves as the Residency Program Director for the UPMC Health Plan PGY1 Managed Care Residency Program. She is an active member of the Academy of Managed Care Pharmacy (AMCP), American Society of Health System Pharmacists (ASHP), and serves on the Pharmacy Quality Alliance (PQA) Hepatitis C Persistence and Outcomes workgroup. Dr. Lopata is currently pursuing a Master of Public Health (MPH) degree at the University of Pittsburgh Graduate School of Public Health.





EVA SZIGETHY, MD, PhDUniversity of Pittsburgh
Pittsburgh, PA

Disclosures

 $\textbf{Research/Grants:} \ \mathsf{Crohn's} \ \& \ \mathsf{Colitis} \ \mathsf{Foundation} \ \mathsf{of} \ \mathsf{America} \ (\mathsf{CCFA})$

 $\textbf{Speakers Bureau:} \ \mathsf{AbbVie\ Inc.;} \ \mathsf{Imedex\ -Honorarium\ for\ educational\ talk}$

Consultant: iHope Network **Royalties:** APPI - Book editor

Biography

Dr. Szigethy is an Associate Professor of Psychiatry, Medicine and Pediatrics at University of Pittsburgh. She is clinical director of the Visceral inflammation and Pain (VIP) Center and co-director of the inflammatory bowel disease (IBD) total care program, a subspecialty medical home. Dr. Szigethy has expertise in treating mood, anxiety, and chronic pain in patients with gastrointestinal conditions. She combines behavioral and pharmacological approaches in programs embedded in medical settings. She has been an NIH funded investigator, has authored over 50 peer reviewed publications, and is an international subject expert in the neurobiological manifestations of IBD.



DISCLOSURE DECLARATION

It is the policy of CME Outfitters, LLC, to ensure independence, balance, objectivity, and scientific rigor and integrity in all of their CME/CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CME/CE activity. CME Outfitters, LLC, has evaluated, identified, and attempted to resolve any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process. The following information is for participant information only. It is not assumed that these relationships will have a negative impact on the presentations.

Relevant financial relationships exist between the following individuals and commercial interests:

Tony Graham, MD (peer reviewer) has no disclosures to report.

Frances C. Daniel, MPH (planning committee) has nothing to disclose.

Sharon Tordoff, CCMEP (planning committee) has nothing to disclose.

Disclosures were obtained from the CME Outfitters, LLC staff: Nothing to disclose.

UNLABELED USE DISCLOSURE

Faculty of this CE activity may include discussions of products or devices that are not currently labeled for use by the FDA. The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices.

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| NOTES | |
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AS A REMINDER...

Don't forget to turn in all of your forms to the CME Outfitters staff on your way out in order to obtain your credit.

Downloadable resources are available at

www.cmeoutfitters.com/IBDresources

THANK YOU FOR JOINING US TODAY.

This symposium will be available as a web replay May 20, 2016. For more information visit **www.cmeoutfitters.com/IBD** after May 20.



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