

Contact: Anna Larkin  
CME Outfitters, LLC  
Phone: (614) 328-4529  
Fax: (614) 448-4429

10319 Westlake Drive #106  
Bethesda, MD 20817  
www.cmeoutfitters.com



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## FOR IMMEDIATE RELEASE

### On Demand Activity Featuring Expert Faculty is Now Available from CMEOutfitters

CME Outfitters, along with faculty experts Charles B. Nemeroff, MD, and Mary D. Moller, DNP, offer this newly available on demand activity about bipolar disorder.

**BETHESDA, Maryland (April 13, 2016)** – CME Outfitters (CMEO), a leading accredited provider in continuing medical education, announces the availability of an on demand activity: [Nurse Practitioners and Physicians Assistants: The Front-Line in the Diagnosis and Clinical Management of Bipolar Disorder](#).

Studies suggest that patients with bipolar disorder are often misdiagnosed initially, and most often with major depressive disorder. Treatment of these patients may be ineffective or possibly worsen outcomes by precipitating symptoms of mania or hypomania. Reasons may include incomplete history, lack of patient reporting an accurate history, or the presence of psychiatric comorbidity, such as anxiety or substance use disorders.

Education to front-line nurse practitioners, and physician assistants in both psychiatric and primary care settings can help to sharpen diagnostic skills and improve treatment choices, as well as the therapeutic relationship with bipolar patients and their families. Nurse practitioners (NP's) and physician assistants (PA's) make a substantial contribution in the recognition and care of patients with bipolar disorder including assessment of psychiatric and medical comorbidities. Additionally, by their training and experience, NP's and PA's are well suited to facilitate optimal patient care in collaboration with other healthcare team members.

Nurse practitioners, physician assistants, and other health care professionals treating patients with bipolar disorder are encouraged to participate. The on demand activity allows learners to participate at their convenience and learn more about diagnosis, treatments, management of metabolic issues and lifestyle changes for those with bipolar disorder that will improve patients' lives.

**MORE**

Click on the activity title above for more information about the faculty, financial support, disclosures, and to participate in the activity.

**About CME Outfitters, LLC**

CME Outfitters develops and distributes live, recorded and web-based, outcomes- and evidence-based educational activities to thousands of clinicians each year and offers expert accreditation and outcome services for non-accredited organizations. CME Outfitters focuses on delivering education to specialty audiences, with strong expertise in neuroscience, inflammatory, infectious, and autoimmune diseases, and cardiovascular disease. For a complete list of certified activities and more information, visit [www.cmeoutfitters.com](http://www.cmeoutfitters.com) or call 877.CME.PROS (877.263.7767).

**About neuroscienceCME**

neuroscienceCME.com is an award-winning web portal serving clinicians, educators, and researchers in the neurosciences. Launched in October 2006, neuroscienceCME.com fills an identified gap in online resources for professionals around the world who practice in areas related to psychiatry, sleep disorders, pain, and neurology. The site's primary mission is to be a central forum for accessing, debating, synthesizing, and implementing the latest findings and best practices in the neurosciences. Visit [www.neuroscienceCME.com](http://www.neuroscienceCME.com) to learn more.

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