

\*\*\*THURSDAY, JANUARY 21, 2010, ENCORE PRESENTATION\*\*\*

PARTICIPATE IN THE RECORDED ACTIVITY, AVAILABLE IN 3 CONVENIENT FORMATS!!

# ADHD Across the Ages: Focus on the Adult

Participate as a group January 21, 2010, at 12:00 p.m. to 1:00 p.m. ET  
in one of the following 3 recorded formats to receive pizza coupons toward lunch:

800.677.7320 (Dial-In Archive)

www.neuroscienceCME.com/CMW424 (Internet Archive)

www.neuroscienceCME.com/CMW424 (Podcast Archive)

**Pizza Coupon Eligibility:**

Group size: 10 or more  
Proportion of MD/DO/PA/NP  
clinicians: 5 or more



**FACULTY INFORMATION**

**David W. Goodman, MD**

Director, Suburban Psychiatric Associates, LLC  
Director, Adult Attention Deficit Disorder Center of Maryland  
Assistant Professor, Department of Psychiatry and Behavioral Sciences  
Johns Hopkins University School of Medicine  
Baltimore, MD

**James McCracken, MD**

Joseph Campbell Professor of Child Psychiatry  
Director, Division of Child and Adolescent Psychiatry  
Semel Institute and David Geffen School of Medicine  
Staff Physician at Resnick Neuropsychiatric Hospital  
University of California at Los Angeles  
Los Angeles, CA

**MODERATOR**

**David Baron, MSEd, DO**

Professor  
Department of Psychiatry and Behavioral Sciences  
Department of Neuroscience  
Temple University School of Medicine  
Philadelphia, PA

**CREDIT INFORMATION**

**CME Credit (Physicians):** CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Note to Physician Assistants:** AAPA accepts Category I credit from AOACME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

**CNE Credit (Nurses):** CME Outfitters, LLC, is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned code 6WASUP-PRV-0680. 1.0 contact hours will be awarded upon successful completion.

**Note to Nurse Practitioners:** The content of this CNE activity pertains to Pharmacology.

**CEP Credit (Psychologists):** CME Outfitters is approved by the American Psychological Association to sponsor continuing education for psychologists. CME Outfitters maintains responsibility for this program and its content. (1.0 CE credits)

**NASW Credit (Social Workers):** This program was approved by the National Association of Social Workers (provider #886407722) for 1 continuing education contact hour.

**CPE Credit (Pharmacists):** CME Outfitters, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. 1.0 contact hours (0.1 CEUs)

Universal Activity Number: 376-000-09-032-H01-P  
Activity Type: knowledge-based

Post-tests, credit request forms, and activity evaluations can be completed online at www.neuroscienceCME.com (click on the Testing/Certification link under the Activities tab—requires free account activation), and participants can print their certificate or statement of credit immediately (70% pass rate required). Otherwise, participants should fully complete and return both the credit request form and activity evaluation located within the course guide for this activity. A certificate or statement of credit will be mailed within 4-6 weeks to all who successfully complete these requirements. This website supports all browsers except Internet Explorer for Mac. For complete technical requirements and privacy policy, visit www.neurosciencecme.com/technical.asp. CE credit expires on December 2, 2010.

Live Premiere/Release Date: December 2, 2009  
Credit Expiration Date: December 2, 2010  
NOTE: No live CE credit is being offered for this activity.

This activity offers CE credit for:

- Physicians (CME)
- Nurses (CNE)
- Psychologists (CEP)
- Social Workers (NASW)
- Pharmacists (CPE)

You can also register for this and other neuroscienceCME activities at [www.neuroscienceCME.com/CMW424](http://www.neuroscienceCME.com/CMW424). For more information or to register by phone for this one-hour activity, call CME Outfitters at 877.CME.PROS.

**STATEMENT OF NEED**

One of the common misconceptions about ADHD is that it occurs only in children. The reality is that ADHD can affect people of all ages. It is estimated that in the United States alone, nearly 8 million adults have ADHD. While inattentiveness, impulsivity, and hyperactivity are the same hallmark features of both child and adult ADHD, these symptoms often manifest quite differently in adults. For example, hyperactivity in the child may be *excessive running and climbing*, while in the adult it is *driving too fast*. Impulsivity in the child can show up as *blurting out answers in class*, whereas for the adult *interrupting colleagues during a business meeting* would be likely. Recognition of the symptoms of ADHD that impact everyday life—at home, at work, and socially—is critical. The good news is that adult ADHD is a treatable medical condition, when recognized and addressed with an eye toward optimal management. Current data suggests that further continuing education and professional development is warranted to address clinical practice gaps related to diagnosis and management of ADHD in adults.

In this neuroscienceCME Live and On Demand activity, expert faculty will explore best evidence to help clinicians achieve best practice as it relates to assessment, diagnosis, and management of adult ADHD.

Davidson MA. ADHD in adults: a review of the literature. *J Atten Disord* 2008;11:628-641.

Newcorn JH, Weiss M, Stein MA. The complexity of ADHD: diagnosis and treatment of the adult patient with comorbidities. *CNS Spectr* 2007;12(Suppl 12):1-14.

**ACTIVITY GOAL**

To improve knowledge and performance through translation of best available evidence pertaining to adult ADHD diagnosis and management, given the absence of practice guidelines.

**LEARNING OBJECTIVES**

At the end of this CE activity, participants should be able to:

- Increase clinical suspicion and screening for adult ADHD to improve detection rates.
- Apply criteria to definitively diagnose adult ADHD and potential comorbid conditions.
- Develop a strategy for tailoring individualized, comprehensive treatment plans using the best available evidence, given the absence of practice guidelines.

**TARGET AUDIENCE**

Physicians, physician assistants, nurse practitioners, nurses, psychologists, social workers, pharmacists, and other healthcare professionals interested in diagnosis and management of adults with ADHD.

**FINANCIAL SUPPORT**

This educational activity is supported by an independent medical educational grant from Shire.

FAX completed form to 240.243.1033

YES! I would like to participate in the:  Dial-In ARCHIVE  Internet ARCHIVE  Podcast ARCHIVE

Site Name: \_\_\_\_\_ # Participants: \_\_\_\_\_

Individual Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Practice Setting:  Community Mental Health  State Mental Health  Primary Care  
 Private Practice  Other: \_\_\_\_\_ Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

This continuing education activity is provided by



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