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ADHD Across the Ages: Focus on the Adult

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FACULTY INFORMATION

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It has been assigned approval code 7ZDR8F-10. 1.0 contact hours will be awarded upon successful completion.

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Universal Activity Number: 376-000-09-032-H01-P

Activity Type: knowledge-based

Post-tests, credit request forms, and activity evaluations can be completed online at www.neuroscienceCME.com (click on the Testing/Certification link under the Activities tab—requires free account activation), and participants can print their certificate or statement of credit immediately (70% pass rate required). Otherwise, participants should fully complete and return both the credit request form and activity evaluation located within the course guide for this activity. A certificate or statement of credit will be mailed within 4–6 weeks to all who successfully complete these requirements. This website supports all browsers except Internet Explorer for Mac. For complete technical requirements and privacy policy, visit www.neurosciencecme.com/technical.asp. CE credit expires on December 2, 2010.

Live Premiere/Release Date: December 2, 2009

Credit Expiration Date: December 2, 2010

Offered Until: December 2, 2010

NOTE: No live CE credit is being offered for this activity.

This activity offers CE credit for:

- Physicians (CME)
- Psychologists (CEP)
- Pharmacists (CPE)
- Nurses (CNE)
- Social Workers (NASW)

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STATEMENT OF NEED

One of the common misconceptions about ADHD is that it occurs only in children. The reality is that ADHD can affect people of all ages. It is estimated that in the United States alone, nearly 8 million adults have ADHD. While inattentiveness, impulsivity, and hyperactivity are the same hallmark features of both child and adult ADHD, these symptoms often manifest quite differently in adults. For example, hyperactivity in the child may be *excessive running and climbing*, while in the adult it is *driving too fast*. Impulsivity in the child can show up as *blurting out answers in class*, whereas for the adult *interrupting colleagues during a business meeting* would be likely. Recognition of the symptoms of ADHD that impact everyday life—at home, at work, and socially—is critical. The good news is that adult ADHD is a treatable medical condition, when recognized and addressed with an eye toward optimal management. Current data suggests that further continuing education and professional development is warranted to address clinical practice gaps related to diagnosis and management of ADHD in adults.

In this neuroscienceCME Live and On Demand activity, expert faculty will explore best evidence to help clinicians achieve best practice as it relates to assessment, diagnosis, and management of adult ADHD.

Davidson MA. *J Atten Disord* 2008;11:628-641.

Newcorn JH, et al. *CNS Spectr* 2007;12(Suppl 12):1-14.

ACTIVITY GOAL

To improve knowledge and performance through translation of best available evidence pertaining to adult ADHD diagnosis and management, given the absence of practice guidelines.

LEARNING OBJECTIVES

At the end of this CE activity, participants should be able to:

- Increase clinical suspicion and screening for adult ADHD to improve detection rates.
- Apply criteria to definitively diagnose adult ADHD and potential comorbid conditions.
- Develop a strategy for tailoring individualized, comprehensive treatment plans using the best available evidence, given the absence of practice guidelines.

The following learning objectives pertain only to those requesting CNE credit:

- Recognize the signs of adult ADHD.
- Identify criteria to definitively diagnose adult ADHD and potential comorbid conditions.
- Compare and contrast options for a comprehensive treatment plan using the best available evidence given the absence of practice guidelines.

TARGET AUDIENCE

Physicians, physician assistants, nurse practitioners, nurses, psychologists, social workers, certified case managers, pharmacists, and other healthcare professionals interested in diagnosis and management of adults with ADHD.

FINANCIAL SUPPORT

This educational activity is supported by an independent medical educational grant from Shire.

FAX completed form to 240.243.1033

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