

# ADDRESSING BARRIERS TO OPTIMAL CARE OF PATIENTS WITH MDD AND GAD IN THE LONG-TERM CARE SETTING: THE PHARMACY PERSPECTIVE

A Free CPE Online Archive Based on a Live Symposium Held at ASCP's 40th Annual Meeting and Exhibition in November 2009

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 **Forest Laboratories, Inc.**

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*Note: No live credit is being offered for this activity.*

## LEARNING OBJECTIVES

At the end of this no-fee, knowledge-based CPE activity, participants should be able to:

- Recognize barriers to the optimal care of the older patient with depression and anxiety and develop one strategy to address these barriers in your practice.
- Critically analyze current treatments for MDD and GAD in the older patient and assess both their risk and benefit.
- Initiate dialogue that analyzes the benefits of treatment and total costs in your review of treatment costs for depression and anxiety in the older patients.

## STATEMENT OF NEED

This case-based activity will focus on addressing barriers from a pharmacist perspective to the optimal care of patients with MDD and GAD in the long-term care setting. The presentations will discuss patient, provider, system, and medication barriers in addition to pharmacoeconomic data with a goal of strengthening the role of the pharmacist on the treatment team and providing practical tools for use in the management of older patients with MDD and GAD in the long-term care setting.

## GOAL

To implement strategies to address patient, provider, and system barriers to optimal care, reduce possibility of drug-drug interactions and evaluate the total costs of treatment for elderly patients with major depressive disorder (MDD) and generalized anxiety disorder (GAD) in the long-term care setting.

## FACULTY

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## TARGET AUDIENCE

Pharmacists and other healthcare professionals interested in MDD and GAD.



The American Society of Consultant Pharmacists and CME Outfitters, LLC, are accredited by the Accreditation Council for Pharmacy Education as providers of continuing pharmacy education. 1.5 contact hours (0.15 CEUs)

Universal Activity Number: 203-999-10-003-H01-P  
Activity Type: knowledge-based

To request credit, complete evaluations, and print your statement of continuing pharmacy education after participating in the activity in its entirety, please go to <http://education.ascp.com/psychiatric/node/173/takecourse?> ASCP Professional Development Center, and click the title link under Featured Continuing Education Courses menu.

FAX completed form to 240.243.1033

**YES! Register me for this case-based online activity.** (Participation details will be sent via e-mail.)

Site Name: \_\_\_\_\_ # Participants: \_\_\_\_\_

Individual Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Practice Setting:  Community Mental Health  State Mental Health  Primary Care  
 Private Practice  Other: \_\_\_\_\_ Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_